

# SAC PULSE

DAILY NEWS LETTER

SHIKSHA DHARMENA SHOBHATHE



03  
March  
2026  
Chunkankadai

## VOICES FOR THE VOICELESS: WORLD WILDLIFE DAY CELEBRATION 2026

Department of Zoology in collaboration with the Tamil Nadu Forest Department, Kanyakumari Division celebrated the World Wildlife Day on March 3, 2026 on the global theme, “Medicinal and Aromatic Plants: Conserving Health, Heritage and Livelihoods”.



A special highlight of the event was a photograph exhibition on Wildlife in Kanyakumari, showcasing the rich biodiversity and the unique species found in the District.



As part of the celebrations, an elocution competition on the topic “Wildlife and Kanyakumari” was conducted, and five outstanding students SM Gayathri, P. Maheswari, P. Munieswari, B. S. Gayathri and S. Keerthana were honoured with prizes by Forest Department in recognition of their excellence in public speaking and environmental awareness. Two students Akshaya S R and Divya S who beautifully compered the programme were also honoured with special prizes in recognition of their clarity, confidence, and contribution to the smooth flow of the events.

This Day in Focus

“World Wildlife Day”

“On this World Wildlife Day, let us pledge to be guardians, not destroyers, of biodiversity.”

“  
HAPPINESS IS WHEN WHAT  
YOU THINK, WHAT YOU SAY,  
AND WHAT YOU DO ARE IN  
HARMONY  
— MAHATMA GANDHI”

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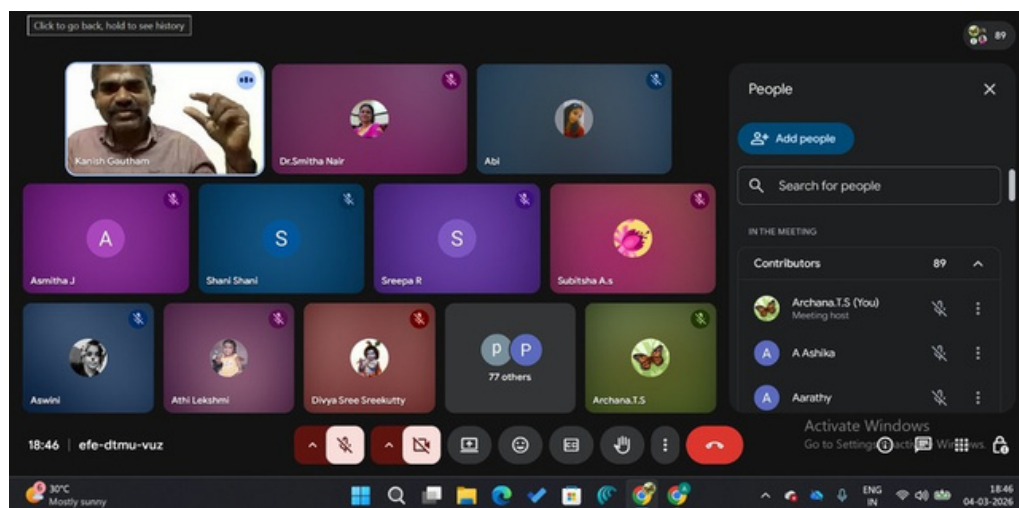
SHIKSHA DHARMENA SHOBHATHE



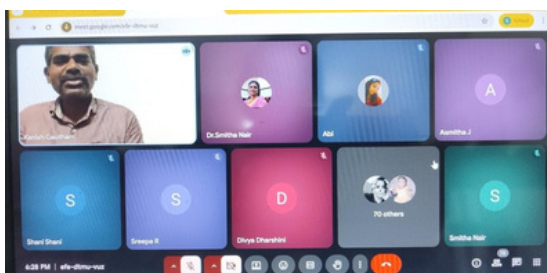
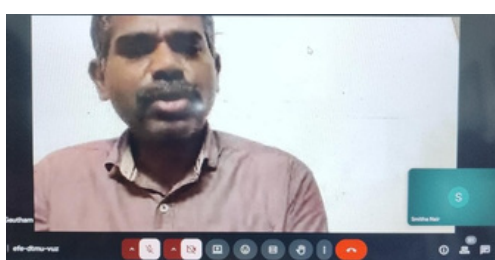
04  
March  
2026  
Chunkankadai

### RISING BEYOND LIMITS: THE ZERO TO HERO ENTREPRENEURIAL JOURNEY

The Institution's Innovation Council of Sree Ayyappa College for Women, Chunkankadai organized an inspiring session titled "Zero to Hero – Journey of an Entrepreneur" on March 4, 2026.



The programme featured Mr. Gautham Shanmugam, Social Entrepreneur and Founder & CEO of Bureaucrats Education Private Limited, who shared his remarkable journey from humble beginnings to becoming a visionary leader.



Through his engaging interaction, he highlighted the importance of perseverance, strategic thinking, and continuous self-improvement in achieving success. The session served as a powerful platform to ignite entrepreneurial spirit among students, encouraging them to transform challenges into opportunities and aspirations into meaningful achievements

This Day in Focus

"National Safety Day"

National Safety Day is celebrated every year on 4th March to enhance the safety awareness among workers. This year's theme is 'Safety and Well-Being Crucial for Viksit Bharat'

“ COMING TOGETHER IS A BEGINNING; KEEPING TOGETHER IS PROGRESS; WORKING TOGETHER IS SUCCESS ”  
— HENRY FORD

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## AWAKEN THE SHAKTHI WITHIN – A CELEBRATION OF STRENGTH AND TRADITION

The Internal Quality Assurance Cell (IQAC) and Institution's Innovation Council (IIC) of Sree Ayyappa College for Women, in association with Agasthyam Kalari, organised Women Empowerment and Traditional Self defense program on the occasion of Women's Day Celebration on March 5,2026. This empowering programme blended tradition and transformation through an inspiring self-defense awareness session led by Gurukkal Dr. S. Mahesh, Founder of Agasthyam Foundation.



Guided by Gurukkal Dr. S. Mahesh, the session revived the timeless strength of Kalari tradition. With expert guidance and inspiring demonstrations, the programme fostered resilience and self-confidence and led to a powerful step towards building stronger, safer, and self-assured women.

## "IGNITE YOUR ENTERPRISE: INNOVATION & ENTREPRENEURSHIP AWARENESS WORKSHOP"



The Institution's Innovation Council (IIC) and the Department of Chemistry at Sree Ayyappa College for Women, Chunkankadai, Nagercoil, jointly organized an Awareness Workshop on Entrepreneurship and Innovation as Career Opportunities on March 5,2026. The resource person, Mr. R. Rajesh, District Program Manager/EDII-TN, Kanyakumari District shared valuable insights on turning innovative ideas into successful entrepreneurial ventures, emphasizing practical strategies for career growth, startup ecosystems, and skill development in today's competitive market. The workshop aimed to inspire students to explore entrepreneurship and innovative career paths.

••• ————— •••

Published by IQAC, Sree Ayyappa College for Women Chunkankadai



05  
March  
2026  
Chunkankadai

This Day in Focus

"International Day for Disarmament and Non-Proliferation Awareness"

Let's raise awareness about the importance of disarmament and non-proliferation efforts globally. This day serves as a reminder of the need for collective action towards reducing and eliminating weapons of mass destruction, promoting peace, and ensuring a safer world for future generations.

“  
NO ONE CAN MAKE YOU FEEL  
INFERIOR WITHOUT YOUR  
CONSENT  
—ELEANOR ROOSEVELT”

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06  
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This Day in Focus

"National Dentist's Day "

Celebrated to appreciate dentists and their contribution to maintaining oral health and hygiene.

“ WITHOUT COURAGE, WE CANNOT PRACTICE ANY OTHER VIRTUE WITH CONSISTENCY. WE CAN'T BE KIND, TRUE, MERCIFUL, GENEROUS, OR HONEST –MAYA ANGELOU ”

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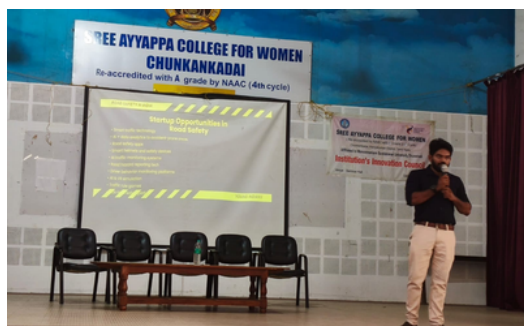
### A FRESH START TO THE DAY: INSPIRING MINDS THROUGH MORNING ASSEMBLY

The Department of English of Sree Ayyappa College for Women, Chunkankadai, organized a meaningful Morning Assembly as a Best Practice on March 6, 2026, in the college auditorium. The programme aimed to nurture discipline, confidence, and awareness among students through activities such as Tamil Thaaai Vaalthu, Thirukkural recital, news headlines, thought for the day, and sharing of achievements. The assembly created a vibrant and reflective atmosphere, encouraging students to begin their day with positivity, knowledge, and a sense of unity.



### DRIVING CHANGE: DISCOVERING ROAD SAFETY SOLUTIONS

The Yi Kanyakumari initiative of Young Indians, in association with the Institution's Innovation Council, presented an insightful session on Problem Discovery – Road Safety led by Fasiludeen, Chair of Road Safety at Trax Architecture on March 6,2026.The program aimed to empower young minds to critically analyze real-world road safety challenges and explore innovative, sustainable solutions.Led by industry expert Fasiludeen, the program empowered students to understand traffic risks, urban planning concerns, and human behavior factors influencing road safety.



The session inspired students to move beyond awareness and actively engage in designing safer roads and communities. Through expert insights and interactive discussions, the event ignited a sense of responsibility, creativity, and leadership among participants. It encouraged them to look beyond statistics, identify root causes, and cultivate a problem-solving mindset that contributes meaningfully to public safety and smart urban development.

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### FROM CLASSROOM TO CANOPY : LEARNING IN THE WILD

The B.Sc. Zoology students embarked on an enriching field visit to Porunai Archaeological Museum, Tirunelveli and Thalaiyanai Dam, Kalakkad, on March 6, 2026, as part of their academic curriculum. The visit offered a meaningful blend of historical insight and ecological exploration, enabling students to connect classroom learning with real-world observations. At the museum, they explored exhibits that highlighted the rich cultural and natural heritage of the Porunai region. The tranquil surroundings of Thalaiyanai Dam provided firsthand exposure to aquatic ecosystems, native flora, and fauna, thereby strengthening their field study and observational skills. The experience nurtured curiosity, environmental responsibility, and a deeper appreciation for sustainable natural resource management. Overall, the trip proved both educational and inspiring, enhancing their understanding of biodiversity conservation and environmental sustainability.



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This Day in Focus

"National Dentist's Day "

Celebrated to appreciate dentists and their contribution to maintaining oral health and hygiene.

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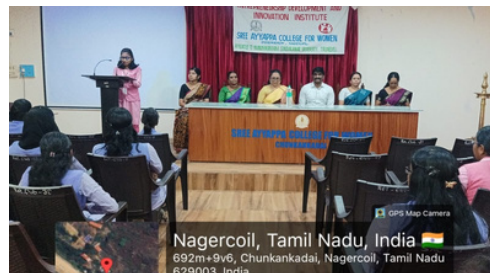
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### INNOVATE, PROTECT, PROSPER: UNLOCKING THE POWER OF INTELLECTUAL PROPERTY

The Entrepreneurship Development Cell of Sree Ayyappa College for Women, Chunkankadai, organized an insightful session on "Intellectual Property Rights and Commercialization" on March 7, 2026, at the Seminar Hall. The session was led by Dr. M. S. Starvin, Assistant Professor from the University College of Engineering, Nagercoil. The programme aimed to create awareness among students about protecting innovative ideas through Intellectual Property Rights and transforming them into viable commercial opportunities. The resource person highlighted the significance of patents, copyrights, and trademarks in fostering entrepreneurship and innovation. The session inspired students to think creatively, safeguard their inventions, and explore pathways to convert their ideas into impactful ventures



Nagercoil, Tamil Nadu, India  
692m+9v6, Chunkankadai, Nagercoil, Tamil Nadu  
629003, India



07  
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Chunkankadai

This Day in Focus

" Jan Aushadhi Diwas "

Observed to promote the use of affordable generic medicines through the Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP). The day raises awareness about the availability of quality medicines at lower prices for the public.

“  
**WELL-BEHAVED WOMEN  
SELDOM MAKE HISTORY  
– LAUREL THATCHER  
ULRICH**  
”

“Be a queen of your own happiness, wear your crown of strength, and shine with pride.  
Wishing you a **Happy Women's Day** filled with love, courage, and endless joy”.



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### ANNOUNCEMENT

Sports Day will be  
celebrated on 11/03/2026

“ I CAN DO THINGS YOU  
CANNOT, YOU CAN DO  
THINGS I CANNOT;  
TOGETHER WE CAN DO  
GREAT THINGS  
-MOTHER TERESA ”

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### IGNITING INNOVATION: THE JOURNEY FROM LAB TO MARKET

The Department of Mathematics, Internal Quality Assurance Cell, and the Institution's Innovation Council R&D Cell of Sree Ayyappa College for Women organized an insightful training session on Technology Readiness Level (TRL) and Manufacturing Readiness Level (MRL) on March 9, 2026. The session was led by Dr. R. S. Rimal Isaac, Assistant Professor in Nanotechnology at Noorul Islam Centre for Higher Education, Kumaracoil. Through his expert guidance, students gained valuable understanding of how innovative ideas evolve from research concepts to real-world technological and manufacturing applications, inspiring them to think innovatively and pursue research-driven solutions.



### EMPOWERED WOMEN, INSPIRING FUTURES

The Women's Cell of Sree Ayyappa College for Women celebrated International Women's Day with a special programme dedicated to honouring the strength, creativity, and leadership of women. The event featured Advocate Parvathy Shone, Legal Practitioner and Artist, as the Chief Guest, and Dr. Nisha Rajin, Director of Kavithalaya Natiyapalli, as the Guest of Honour. Their inspiring journeys motivated students to embrace confidence, pursue their passions, and contribute meaningfully to society. The celebration reflected the institution's commitment to empowering young women to rise, lead, and create a brighter future.



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Sree Ayyappa College for Women, Chunkankadai signed a Memorandum of Understanding (MoU) with Shiksha Sanskriti Utthan Nyas (SSUN) on 9/03/2026 to promote academic collaboration. The partnership focuses on faculty and student exchange, joint research, seminars, workshops, and certificate courses, strengthening opportunities for knowledge sharing and academic development.



### ANNOUNCEMENT

Sports Day will be celebrated on 11/03/2026

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GREAT THINGS  
—MOTHER TERESA ”

## UNLOCKING THE LOGIC OF NUMBERS

The Department of Mathematics and Internal Quality Assurance Cell (IQAC) of Sree Ayyappa College for Women, in collaboration with Shiksha Sanskriti Utthan Nyas, organized an engaging session titled “Maths without Magic – The Logics of Vedic Maths” on March 9, 2026. The session was led by Dr. Thanuja M. N., State Coordinator of SSUN (Tamil Nadu South), who explained the logical principles behind Vedic mathematics and demonstrated simple techniques for quick calculations. The programme inspired students to appreciate mathematics as a subject of logic, clarity, and intellectual curiosity.



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11  
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### AWAKENING YOUNG MINDS AT TODAY'S MORNING ASSEMBLY

The Department of Physics at Sree Ayyappa College for Women, Chunkankadai hosted a vibrant morning assembly titled "Morning Assembly as a Best Practice" on March 11, 2026. The programme commenced with the soulful rendition of Tamil Thai Vazhthu, followed by inspiring segments including the Thought for the Day, a meaningful couplet from the Thirukkural, news headlines, and highlights of notable achievements. The assembly created an engaging and reflective atmosphere, celebrating academic excellence while encouraging active student participation and intellectual growth.



“  
**DO WHAT IS RIGHT,  
NOT WHAT IS EASY  
NOR WHAT IS  
POPULAR**  
- ROY T. BENNETT

### VOICES OF GEN Z: FROM CONFUSION TO CLARITY

The Mannam Rolling Trophy Inter-College Elocution Competition hosted by Sree Ayyappa College for Women, Chunkankadai on 11 March 2026 brought together talented young speakers from various colleges to reflect on the thought-provoking theme, "Gen Z: The Most Informed Yet Most Confused Generation - Unleash Your Voice." The competition provided a vibrant platform for students to articulate their perspectives on the opportunities and challenges faced by today's digitally connected generation. Through powerful speeches, insightful arguments, and confident delivery, participants demonstrated remarkable clarity of thought and creativity. The event not only celebrated the art of public speaking but also encouraged students to transform confusion into awareness, inspiring a generation to think critically, express boldly, and shape a more informed future.



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11

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### VOICES FOR WETLANDS: ACADEMIC PARTICIPATION IN CONSERVATION DIALOGUE

Dr. Sreeya G. Nair, Head of the Department of Zoology, along with three students—Anisha C.P, Babisha P and Madhuvarshini M—participated in a brainstorming workshop on “Wetland Management and Conservation” held on March 11, 2026, at the Collector’s Office. The session was chaired by the District Collector and the District Forest Officer and brought together experts, officials, and stakeholders to discuss sustainable strategies for protecting and managing wetlands.



The workshop focused on the ecological importance of wetlands, the challenges posed by pollution and encroachment, and the need for community participation in conservation efforts.



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11  
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### RUN, RALLY, ROAR – ANNUAL SPORTS DAY 2026!

Sree Ayyappa College for Women, Chunkankadai, Nagercoil proudly celebrated its Annual Sports Day – 2026 on Wednesday, 11 March 2026, with great enthusiasm and sporting spirit. The grand event was graced by the Guest of Honour K. P. Gijo Nidhi, Fencing Coach of the Sports Development Authority of Tamil Nadu, Kanyakumari district. The day witnessed a series of thrilling athletic events including track races, relays, and field events that highlighted the strength, agility, and determination of the participants. Students enthusiastically competed, displaying remarkable energy and competitive spirit throughout the day.



“

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The event concluded with a prize distribution ceremony honouring the winners and appreciating the efforts of all participants. The Annual Sports Day strengthened the spirit of teamwork, unity, and holistic development among the students of the college.

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The day witnessed a series of thrilling athletic events including track races, relays, and field events that highlighted the strength, agility, and determination of the participants. Students enthusiastically competed, displaying remarkable energy and competitive spirit throughout the day. The audience cheered passionately, creating a lively and encouraging atmosphere on the field.

The event concluded with a prize distribution ceremony honouring the winners and appreciating the efforts of all participants. The Annual Sports Day not only celebrated physical fitness and talent but also strengthened the spirit of teamwork, unity, and holistic development among the students of the college.



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**GLIMPSES OF SPORTS DAY 2026 – A DAY OF ENERGY, ENTHUSIASM, AND EXCELLENCE.”**



11  
March  
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“ I REALLY THINK A CHAMPION IS DEFINED NOT BY THEIR WINS BUT BY HOW THEY CAN RECOVER WHEN THEY FALL –SERENA WILLIAMS ”

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**TURNING DREAMS INTO REALITY – INSPIRING THE NEXT GENERATION OF CIVIL SERVANTS.”**

Sree Ayyappa College for Women, Chunkankadai organized an inspiring career guidance programme titled “Kanavu Meippada (Dreams to Reality)”organised by Department of Physics and Career Guidance and Placement Cell in association with KingMakers IAS Academy and Puthiya Thalaimurai News channel on March 12, 2026. Dr.R.Stalin IPS, Superintendent of Police (SP), Kanniyakumari was the chief guest of the event.

The session aimed to motivate students to aspire for prestigious civil services such as IAS and IPS. Distinguished speakers shared their experiences and offered valuable guidance on preparation strategies, perseverance, and the qualities required to succeed in competitive examinations. The interaction encouraged students to set clear goals and pursue their ambitions with dedication and confidence. The programme served as a motivating platform that inspired young minds to transform their dreams into meaningful achievements.



**12  
March  
2026  
Chunkankadai**

### ANNOUNCEMENT



Congratulations to M. Sugaina Fathima of I B.Com (Regular) for her proud participation in the State Level Viksit Youth Parliament 2026 Elocution Competition on the topic 'Union Budget 2026:Strengthening the Indian Youth's Path Towards Viksit Bharat 2047' held today, 12 March 2026, at Annai Violet Arts and Science College, Ambattur in Chennai organised by Mera Yuva Bharat and NSS, Govt of India.

**“  
HARDSHIPS OFTEN PREPARE  
ORDINARY PEOPLE FOR AN  
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– C.S. LEWIS**

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### “EMPOWERING YOUNG ENTREPRENEURS WITH SMART SALES AND MARKETING STRATEGIES.”

The Institution's Innovation Council, Internal Quality Assurance Cell, and the Department of Commerce (SF) of Sree Ayyappa College for Women, Chunkankadai jointly organized a workshop on “Effective Sales & Marketing Strategies for Start-ups” on March 12, 2026. The session was led by Nishwin Issac, Director of Articg Creative Agency LLP, who shared valuable insights on innovative marketing approaches, brand building, and practical sales techniques essential for start-up success. The workshop proved to be an enriching experience, equipping participants with the knowledge and confidence to explore opportunities in the dynamic world of business and start-ups.



### " INNOVATING FOR SAFER ROADS – YOUNG MINDS, SMART IDEAS.”

A Road Safety Idea Challenge was organized by Institutions innovation Council in association with Internal Quality Assurance Cell on March 12, 2026, as part of an initiative by Young Indians under the Confederation of Indian Industry. The event encouraged students to present innovative ideas and practical solutions aimed at improving road safety and reducing traffic-related risks. Participants showcased creative concepts addressing responsible driving, smart traffic management, and public awareness. The challenge served as an inspiring platform for students to think critically about real-world problems and contribute meaningful ideas toward building safer and more responsible communities.



12  
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This Day in Focus

#### WORLD KIDNEY DAY – MARCH 12

World Kidney Day is observed on March 12, 2026 to raise awareness about the importance of kidney health and the prevention of kidney-related diseases. The 2026 theme, “Kidney Health for All – Caring for People, Protecting the Planet,” highlights the strong connection between human health and environmental sustainability.

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Page 1

### “FACULTY FOURSOME SHINE IN MSU BADMINTON DOUBLES – A SPIRIT-BOOSTING SPORTS SHOWCASE”

Four faculty members from Sree Ayyappa College for Women—Dr. Smitha Nair, Dr. Deepa Nair, Dr. Akhika R.B, and Dr. Devi Chinmayee—participated in the Badminton doubles event organized under Manonmaniam Sundaranar University (MSU) at V. O. Chidambaram College, Thoothukudi on 13 March 2026.

The participation of the faculty members showcased their enthusiasm for sports and team spirit beyond academics. Their active involvement added vibrancy to the event and served as an inspiration to students, highlighting the importance of balancing professional dedication with physical fitness and sportsmanship.



13  
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### “COLOURS OF CREATIVITY: VIBRANT WOMEN’S DAY COMPETITIONS BY NSS UNITS”

The NSS Units of Sree Ayyappa College for Women conducted Rangoli, Nail Art, and Photography competitions in connection with the International Women's Day celebrations on March 13, 2026. The competitions witnessed enthusiastic participation from students, who showcased their creativity, artistic talent, and unique perspectives through their works. The event added color and excitement to the celebrations while encouraging students to express their ideas on the theme of women's empowerment and creativity.



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AND KNOWLEDGE  
—ALBERT EINSTEIN  
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### A BRIGHT BEGINNING: HISTORY DEPARTMENT LED THE MORNING ASSEMBLY

The Department of History of Sree Ayyappa College for Women organized the Morning Assembly as a Best Practice on 13 March 2026 at the college auditorium. The programme began with the soulful rendition of Tamizh Thai Vazhthu, followed by the pledge and a meaningful couplet from the classical work Thirukkural. Students presented the day's news headlines, shared an inspiring thought for the day, and highlighted recent achievements. The assembly also included birthday wishes, creating a warm and cheerful atmosphere. The programme concluded with an inspiring address delivered by the Principal, Dr. V. R. Anjana, who encouraged the students to begin their day with positivity and dedication. The assembly ended with the National Anthem, reflecting the discipline, unity, and vibrant spirit of the institution.

13  
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### "EMPOWERING MINDS: A THOUGHT-PROVOKING TALK ON WOMEN'S EMOTIONAL AND MENTAL WELL-BEING"

On the occasion of International Women's Day, the Anti-Drug Club and NSS Units 96, 97, and 162 of Sree Ayyappa College for Women, Nagercoil, organized an insightful talk on "Emotional and Mental Well-being of Women" on March 14, 2026, at the Seminar Hall. The session was led by resource person Dr. Saranya Bharathi, MD Psychiatry, from the Department of Public Health, District Health Office, Nagercoil. The talk emphasized the importance of mental health awareness, emotional resilience, and self-care among women. Students actively engaged in the interactive session, gaining valuable insights into managing stress, nurturing emotional balance, and promoting overall well-being. The programme served as a meaningful initiative to encourage open conversations about mental health and empower young women to prioritize their psychological wellness.



The Department of Mathematics and the Science Club of Sree Ayyappa College for Women, in association with the Tamil Nadu Science Forum and the School Education Department (Vanavilmandram), celebrated Pi Day through the vibrant Pi Cadres Fest 2026 on March 14, 2026. The event highlighted the significance of the mathematical constant Pi and inspired students to appreciate the beauty, logic, and endless possibilities of mathematics. Around 300 students from various schools actively participated in the celebration making the event vibrant and interactive. The programme stood as a remarkable platform encouraging young minds to explore the wonders of science and mathematics with curiosity and passion.



14  
March  
2026  
Chunkankadai

This Day in Focus

National Pi Day

This day is celebrated on March 14 to honor the mathematical constant  $\pi$  (pi), which is essential in many scientific and mathematical calculations. The day highlights the importance of mathematics in everyday life and encourages interest in science and learning.

“  
IT IS AMAZING WHAT YOU  
CAN ACCOMPLISH IF YOU DO  
NOT CARE WHO GETS THE  
CREDIT  
- HARRY S. TRUMAN  
”

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### VOICES AGAINST ADDICTION: A CREATIVE CALL FOR AWARENESS

The Department of Tamil organized a meaningful series of literary competitions to spread awareness about the harmful effects of addiction and to inspire students toward a life of wisdom, discipline, and responsibility on March 16, 2026. The events included elocution competition on “What Life Needs: Intoxication or Intelligence?”. Through thoughtful words, powerful ideas, and creative expression, students actively conveyed strong social messages against substance abuse. The programme served as an effective platform to encourage awareness, reflection, and a positive commitment to building a healthy and drug-free society.



### WHERE IDEAS SPARK AND INNOVATION BEGINS: IDEATION BOOTCAMP 2026

Sree Ayyappa College for Women, Chunkankadai, through the joint initiative of the Institution’s Innovation Council and the Internal Quality Assurance Cell, organized a dynamic Two-Day Ideation Bootcamp on 16 and 17 March 2026. Designed to nurture creativity, critical thinking, and entrepreneurial spirit, the bootcamp offered students a vibrant platform to transform raw ideas into meaningful concepts. The programme promised an engaging learning experience that inspires young minds to think boldly, innovate confidently, and lead the future with purpose.



16  
March  
2026  
Chunkankadai

#### This Day in Focus

National Vaccination Day

This day is primarily observed as National Vaccination Day (or National Immunization Day) in India, highlighting the importance of immunization, notably marking the first oral polio vaccine dose administered in 1995. It focuses on public health awareness and preventing diseases like polio, measles, and tuberculosis.

“  
WISDOM IS NOT A  
PRODUCT OF SCHOOLING  
BUT OF THE LIFELONG  
ATTEMPT TO ACQUIRE IT  
- ALBERT EINSTEIN

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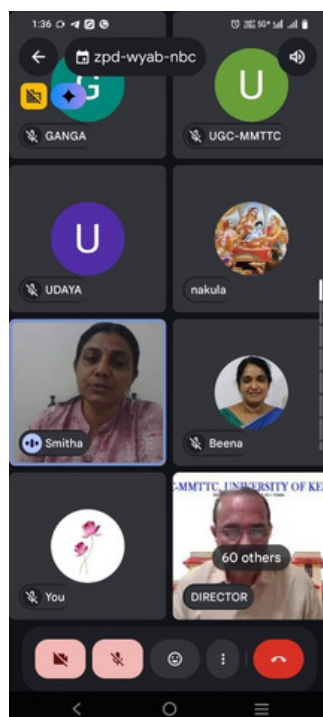
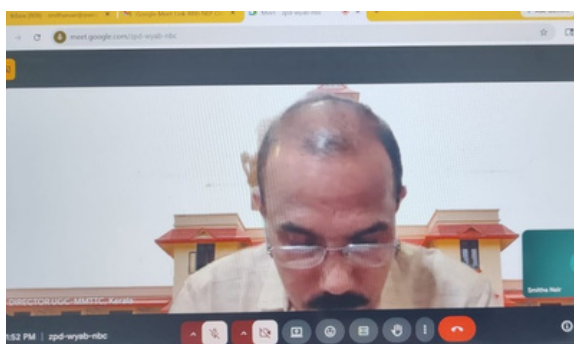
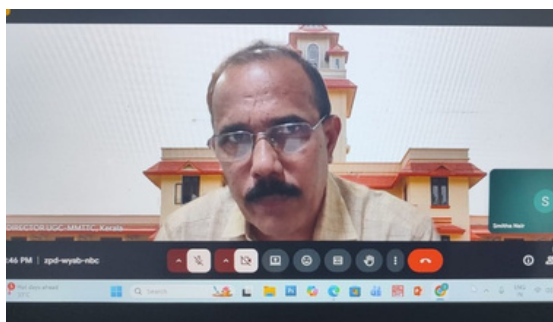
SHIKSHA DHARMENA SHOBHATHE



Page 2

### EMPOWERING EDUCATORS FOR THE FUTURE: 48TH ONLINE NEP ORIENTATION & SENSITIZATION PROGRAMME

UGC-MMTTC, University of Kerala, in collaboration with Sree Ayyappa College for Women, Chunkankadai, Nagercoil, commenced the 48th Online NEP Orientation & Sensitization Programme from 16 March 2026 to 27 March 2026. Designed to familiarize educators with the vision, goals, and transformative framework of the National Education Policy, this programme serves as a valuable platform for academic enrichment, professional growth, and meaningful dialogue. Under the coordination of Dr. Smitha Nair, IQAC Co-ordinator of Sree Ayyappa College for Women, the initiative aims to inspire teachers to embrace innovative practices and contribute effectively to the evolving landscape of higher education.



16  
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2026  
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### "LEARNING TO SAVE LIVES: A DAY WITH HEROES IN ACTION!"

The students and co-ordinators of the Anti-Drug Club embarked on an enlightening visit to the Fire Station Unit at Nagercoil on March 17, 2026. The session came alive with thrilling live demonstrations conducted by skilled fire and safety officers, showcasing emergency response techniques, fire control methods, and rescue operations. This hands-on experience not only deepened awareness about safety and disaster preparedness but also inspired students to value discipline, teamwork, and the spirit of service. It was truly a day of learning beyond classrooms—igniting responsibility and respect for real-life heroes.



### "VOICES AGAINST ADDICTION: ESSAY COMPETITION INSPIRING AWARENESS"

The Department of Tamil of Sree Ayyappa College for Women organized an essay competition on the thought-provoking topic "Addiction - The Path to Destruction" on March 17, 2026. The event aimed to create awareness among students about the harmful effects of addiction on individuals, families, and society. Students enthusiastically expressed their ideas, concerns, and perspectives through powerful essays highlighting the importance of leading a healthy and responsible life. The competition encouraged critical thinking and social awareness, while inspiring students to spread the message of a drug-free and positive lifestyle.



17  
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2026  
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DO WHAT YOU CAN, WITH  
WHAT YOU HAVE, WHERE  
YOU ARE  
-THEODORE ROOSEVELT

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### “IDEAS IN ACTION: DAY TWO OF THE IDEATION BOOTCAMP”

The second day of the Ideation Bootcamp held on March 17, 2026 at Sree Ayyappa College for Women continued with great enthusiasm and active participation from students. Organized by the Institution's Innovation Council and the Internal Quality Assurance Cell, the session focused on refining innovative ideas and encouraging students to transform their creative thoughts into practical solutions. The session was guided by the resource person Abey George and his technical team who shared valuable insights on developing start-up ideas, teamwork, and problem-solving strategies. Students actively participated in discussions and idea presentations, making the second day of the bootcamp an inspiring platform for innovation, collaboration, and entrepreneurial learning.



17  
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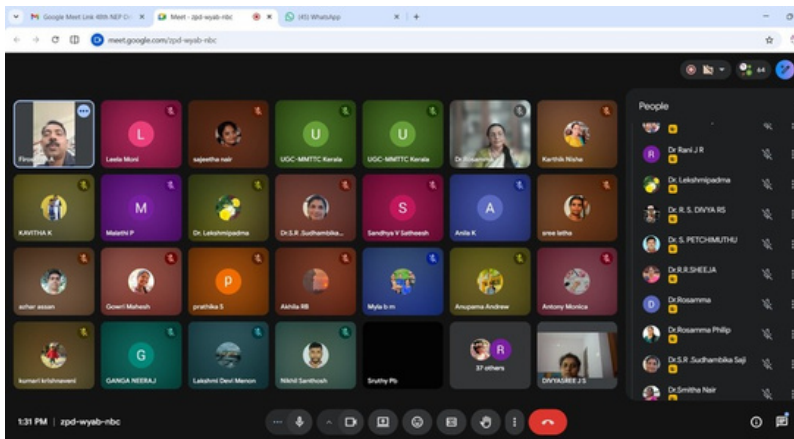
### EQUITY IN EDUCATION BEGINS WITH INCLUSION

Prof. Rosamma Philip, former Principal, Mount Tabor Training College, Pathanapuram spoke on "Student Diversity and Inclusive Education" on the Day 2 of NEP Orientation & Sensitisation Programme



She emphasized that true equity in education begins with inclusion, urging educators to recognize and embrace the diverse needs of learners. Her insightful address motivated participants to adopt inclusive practices and contribute meaningfully to a more equitable and progressive educational landscape.

“  
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WHAT YOU HAVE, WHERE  
YOU ARE  
-THEODORE ROOSEVELT



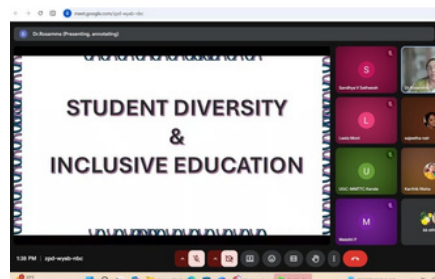
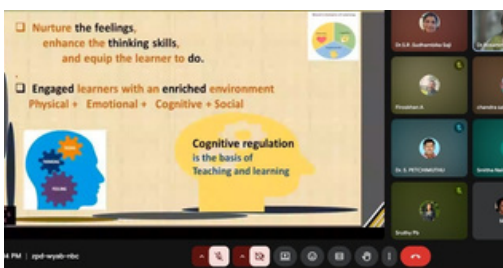
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Sree Ayyappa College for Women proudly organised a Placement Drive under the Career Guidance and Placement Cell. The event was conducted in collaboration with DOER'S Institute of Communicative English, providing an excellent platform for students to showcase their skills and step confidently into the professional world.



17  
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We are delighted to announce that 9 of our students have been successfully placed in DOER'S Institute of Communicative English. This remarkable achievement reflects their dedication, the guidance of our faculty, and the strong support of our placement team.

“  
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WHAT YOU HAVE, WHERE  
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-THEODORE ROOSEVELT

Congratulations to our achievers! May this milestone be the beginning of many more accomplishments .



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### “MORNING ASSEMBLY: A STEP TOWARDS EXCELLENCE AND DISCIPLINE”

The PG Department of Mathematics at Sree Ayyappa College for Women organized morning assembly as a best practice to nurture discipline, awareness, and holistic development among students. Blending tradition with knowledge through activities like Tamil Thai Vazhthu, Thirukkural, news reading, and thought for the day, the assembly inspired young minds to begin each day with positivity, purpose, and unity.



### BREAKING BARRIERS, BUILDING AWARENESS

The Red Ribbon Club of Sree Ayyappa College for Women organized “Life Beyond Labels: AIDS Awareness & Transgender Narratives”, an enlightening session on March 18, 2026 that emphasized compassion, inclusivity, and awareness. The session was led by Mrs. K. Marsalin Rajula, ICTC Counsellor, GUPHC, Agastheeswaram, whose insightful talk shed light on HIV/AIDS awareness while amplifying the voices and experiences of the transgender community. The program inspired students to move beyond stigma and embrace empathy, equality, and informed responsibility in society.



18  
March  
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Chunkankadai

This day in Focus

### Global Recycling Day

Global Recycling Day is celebrated every year on March 18 to highlight the importance of recycling in protecting our planet and securing a sustainable future.

“  
TO CREATE AN  
EXTRAORDINARY QUALITY OF  
LIFE, YOU MUST CREATE A  
VISION THAT'S NOT ONLY  
OBTAINABLE, BUT THAT IS  
SUSTAINABLE  
-TONY ROBBINS

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### VOICES ON WALLS: SPREADING THE POWER OF VOTING

As part of the SWEEP activities, the students and coordinators of the Electoral Literacy Club of Sree Ayyappa College for Women took a meaningful step towards strengthening democracy by participating in a voter awareness wall painting campaign at Thuckalay Bus Stand on March 18, 2026. Through vibrant colors and impactful messages, they transformed public spaces into powerful reminders of the importance of voting. This initiative not only showcased their creativity but also helped create awareness about voting rights among the public, encouraging every citizen to exercise their right to vote and actively participate in the democratic process.



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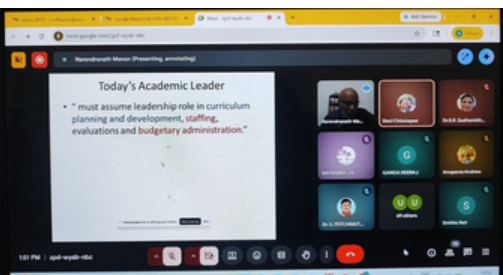
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### SHAPING ACADEMIC EXCELLENCE THROUGH VISIONARY LEADERSHIP”

Prof.Narendranath Menon from the Department of Business Management, Osmania University, delivered an insightful session on Academic Leadership, Governance & Management on March 18, 2026 - the third day of the NEP programme. The session emphasized the vital role of effective leadership, transparent governance, and strategic management in transforming educational institutions. It inspired educators to adopt innovative practices and visionary approaches to align with the dynamic framework of the National Education Policy, fostering quality and excellence in higher education.



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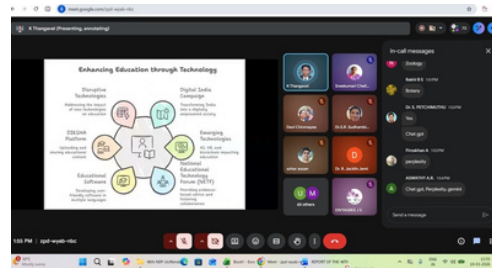
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## EMPOWERING EDUCATION THROUGH TECHNOLOGY: A VISION FOR THE FUTURE

An insightful session on Information and Communication Technology (ICT) was delivered by Dr. K. Thangavel, Assistant Professor of Education, Thiagarajar College of Preceptors (Govt. Aided), Madurai, Tamil Nadu on the third day of NEP program - March 19, 2026. The session highlighted the transformative role of ICT in modern education, emphasizing how digital tools and innovative teaching strategies can enhance learning experiences, bridge knowledge gaps, and prepare students for a technology-driven world. The session inspired educators to embrace technological advancements and integrate them effectively into teaching-learning processes for a more dynamic and inclusive academic environment.



## EXCELLENCE ACHIEVED IN AI EDUCATION!

Congratulations to Dr. Soniya V, Assistant Professor and Head, Department of Commerce on this outstanding achievement! She has successfully completed the AI for Educators course offered by IITM Pravartak Technologies Foundation under the SWAYAM Plus platform, securing a perfect score of 100% in proctored examination held on 08/02/26.

This remarkable milestone reflects her dedication to continuous learning and her commitment to integrating advanced technologies into education. Her success is truly inspiring and sets a shining example for fellow educators to embrace innovation and strive for excellence.



19  
March  
2026  
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“  
EDUCATION IS THE KINDLING  
OF A FLAME, NOT THE FILLING  
OF A VESSEL  
– SOCRATES  
”

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### SHINING STARS IN THE UNIVERSITY RANK LIST 2025

It is a moment of immense pride as our students have secured remarkable positions in the University Rank List of Manonmaniam Sundaranar University:

- Abhirami R – 6th Rank in B.Sc. Botany
- Santhiya P – 10th Rank in B.Sc. Botany
- Meenakshi – 16th Rank in B.Com.
- Aparna Gopan G.U – 2nd Rank in MA English

These outstanding achievements reflect the hard work, dedication, and academic excellence of our students. Congratulations to our achievers for bringing pride to the institution and inspiring their peers with distinction!



**Aparna Gopan G U**  
2nd Rank



**Abirami R**  
6th Rank



**Santhiya P**  
10th Rank



**Meenakshi.H**  
16th Rank

19  
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### MORNING ASSEMBLY: A TRADITION OF EXCELLENCE

The Department of Commerce (Self Financing) at Sree Ayyappa College for Women, Chunkankadai, adopted morning assembly as a best practice on March 20, 2026. Featuring Tamil Thai Vazhthu, Thirukkural reflections, news updates, thought for the day, and recognition of achievements, the assembly nurtures discipline, unity, and holistic growth. With inspiring words from the Principal and active student participation, it enhances communication, confidence, leadership, and values—shaping students into responsible, well-rounded individuals.



20  
March  
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### This day in Focus

### International Day of Happiness

A UN-designated day celebrating happiness as a universal human goal.

### WHERE WORDS CAME ALIVE AND IMAGINATION TOOK THE STAGE!

The Interdepartmental Literary Competitions 2026 brought together creativity and expression in a vibrant celebration of language. Participants wove magical tales, delivered powerful speeches on Artificial Intelligence, and showcased their talents in storytelling, poetry, and oration. The event became a platform where voices were heard and ideas truly shone. Held on 20th March 2026, it inspired, challenged, and left a lasting impression on everyone who was part of this enriching literary journey.



“

SUCCESS IS LIKING YOURSELF,  
LIKING WHAT YOU DO, AND  
LIKING HOW YOU DO IT  
— MAYA ANGELOU

”

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### A MEANINGFUL OUTREACH ROOTED IN CARE AND COMPASSION

On March 20, 2026, the NSS volunteers accompanied by NSS Program Officers, Dr.Sreeya G.Nair and Dr.A.K.Viji visited Abhayakendra Old Age Home to foster intergenerational bonding, empathy, and social responsibility under MY Bharat initiative .The visit was marked by sincere interactions, thoughtful engagement, and a spirit of service. Volunteers spent quality time with the residents, fostering a sense of belonging and emotional well-being. The experience not only brought joy to the elderly but also instilled in the volunteers a deeper understanding of empathy, responsibility, and social commitment.



20  
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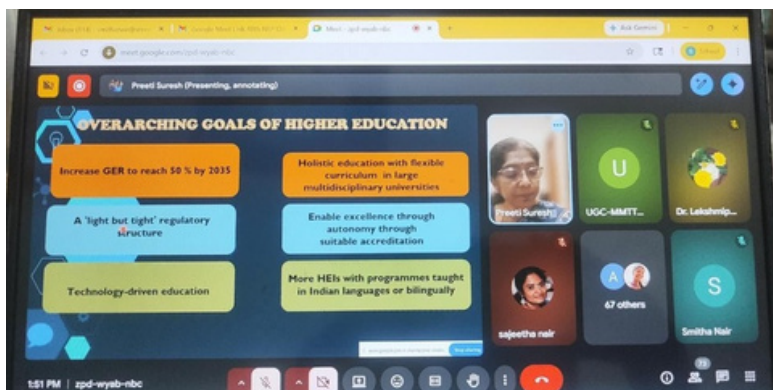
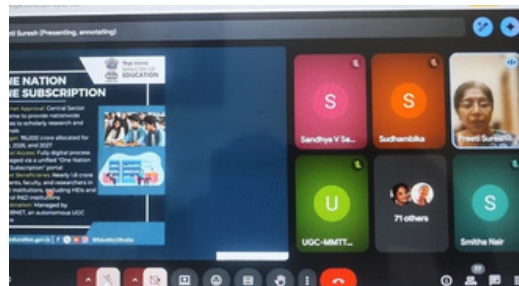
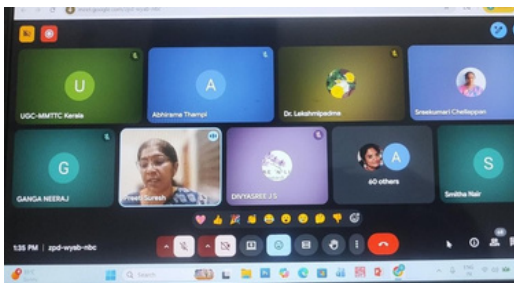
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### ADVANCING KNOWLEDGE THROUGH RESEARCH & DEVELOPMENT

Prof. Preeti K. Suresh, Director of the Malaviya Mission Teacher Training Centre and Professor at the University Institute of Pharmacy, Pt. Ravishankar Shukla University, Raipur, served as a distinguished resource person for the NEP programme, on March 23, 2026 delivering an insightful session on Research and Development. She highlighted the pivotal role of research in transforming higher education, fostering innovation, and promoting a culture of inquiry among educators and students. Emphasizing interdisciplinary collaboration and practical application of knowledge, her session encouraged participants to actively engage in research-driven teaching and contribute meaningfully to academic and societal progress.



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#### This day in Focus

#### Shaheed Diwas (Martyrs' Day)

This day commemorates the supreme sacrifice of three brave freedom fighters—Bhagat Singh, Shivaram Rajguru, and Sukhdev Thapar—who were executed by the British in 1931 for their role in the struggle against colonial rule.

“  
WITHOUT COMMITMENT YOU'LL  
NEVER START. WITHOUT  
CONSISTENCY YOU'LL NEVER  
FINISH  
- DENZEL WASHINGTON  
”

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### FROM SACRED SYMBOLS TO LIVING SCIENCE

The Department of Zoology hosted an enlightening lecture titled “From Nandi to Garuda: Animals in India’s Ritual Canvas” as part of the Add-on Course on Indian Knowledge Systems on March 23, 2026. The session, delivered by Dr. D. Lekha, Associate Professor and Head, Department of History, beautifully explored the deep cultural, spiritual, and symbolic connections between animals and Indian traditions. The lecture offered students a unique perspective that bridged mythology, history, and zoological understanding—making it both intellectually enriching and culturally inspiring.



### “INSPIRING YOUTH, IGNITING RESPONSIBILITY – VOICES OF CHANGE IN ACTION!”

S. M. Gayathri and Akshaya S. R. of the Department of Zoology participated in the reel competition organized by My Bharat, Government of India on March 21, 2026 as part of the Shaheedi Diwas initiative. Centered around the theme “Mera Bharat, Meri Zimmedari,” their creative effort reflected a deep sense of patriotism, social awareness, and youth responsibility. Their participation highlights the spirit of active citizenship and showcases how young minds can contribute meaningfully to nation-building through creativity and expression.



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### EMPOWERING MINDS, ENABLING FUTURES

An insightful session on Skill Development in the NEP Framework on March 24, 2026 was delivered by Prof. S. V. Sudheer, Former Pro-Vice Chancellor of Sree Narayana Guru Open University, Kollam. The talk highlighted the transformative vision of the National Education Policy in nurturing practical skills, enhancing employability, and fostering holistic learner development. Emphasizing innovation, adaptability, and lifelong learning, the session inspired participants to align academic knowledge with real-world competencies, paving the way for a future-ready generation.



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This day in Focus

World Tuberculosis (TB) Day.

This day raises awareness about the devastating health and economic impact of tuberculosis and works to accelerate efforts to end the global epidemic.

“  
YOU ALONE ARE ENOUGH. YOU  
HAVE NOTHING TO PROVE TO  
ANYBODY  
-MAYA ANGELOU,  
”

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### WHERE TINY LIVES TELL BIG STORIES

The Department of Zoology organized an engaging academic visit titled “Exploring Microbial Wonders” at Vivek Laboratories on March 24, 2026. The III B.Sc Zoology students gained valuable hands-on exposure to microbiological techniques, laboratory practices, and the fascinating unseen world of microorganisms. This enriching experience bridged classroom learning with real-world applications, inspiring curiosity, scientific thinking, and a deeper appreciation for the microscopic life that shapes our environment.



### RED THREADS OF HOPE

The RRC unit of Sree Ayyappa College for Women organized an insightful visit titled “RRC Blood Bank Exploration” at Vivek Blood Bank on March 24, 2026. The program provided students with a meaningful understanding of blood donation, storage, and lifesaving transfusion practices. Through this experiential learning, participants recognized the vital role of voluntary blood donation in healthcare and developed a deeper sense of social responsibility, compassion, and service to humanity.



24

March  
2026

Chunkankadai

This day in Focus

World Tuberculosis (TB) Day.

This day raises awareness about the devastating health and economic impact of tuberculosis and works to accelerate efforts to end the global epidemic.

“  
YOU ALONE ARE ENOUGH. YOU  
HAVE NOTHING TO PROVE TO  
ANYBODY  
-MAYA ANGELOU,  
”

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### EMPOWERING WOMEN THROUGH AWARENESS AND CARE

The Rotaract Club of Sree Ayyappa College for Women organized an informative lecture on “Understanding Cervical Cancer: Awareness, Prevention, and Care” on 25th March 2026. The session was led by Dr. A. Uma Maheswari, Obstetrician, Gynecologist, Infertility Specialist, and Laparoscopic Surgeon from Sathyam Hospital, who shared valuable insights on early detection, preventive measures, and the importance of regular health check-ups. The programme created meaningful awareness among students about women’s health and well-being, encouraging them to prioritize preventive care and lead healthier lives.

25  
March  
2026  
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“  
SUCCESS IS THE SUM OF  
SMALL EFFORTS, REPEATED  
DAY IN AND DAY OUT  
– ROBERT COLLIER  
”

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### STARTING THE DAY WITH PURPOSE AND POSITIVITY!

The Department of Mathematics of Sree Ayyappa College for Women, Chunkankadai, successfully organized the Morning Assembly as Best Practice on 25th March 2026 at the College Auditorium. The assembly began with Tamil Thai Vazhthu, followed by the pledge, Thirukkural, and Thought for the Day, setting a tone of discipline and inspiration. The Principal, Dr. V. R. Anjana, addressed the gathering with motivating words, while The session highlighted student achievements and included news reading, concluding with the National Anthem. The well-coordinated programme reflected the institution's commitment to nurturing values, leadership, and holistic development among students.

25  
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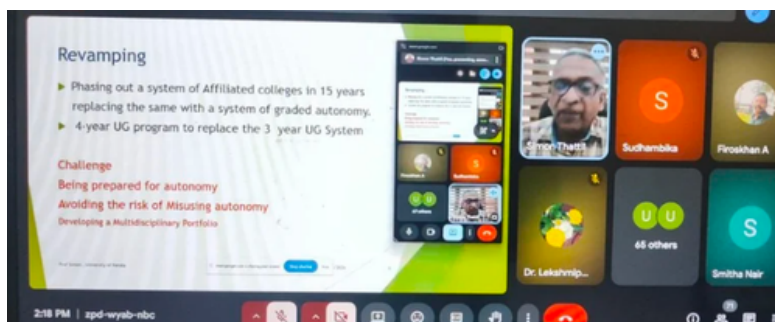
### EMBRACING HOLISTIC AND MULTIDISCIPLINARY EDUCATION FOR A TRANSFORMATIVE FUTURE

As part of the NEP Programme, Prof. Gabriel Simon Thattil, Former Professor and Head, Director, IQAC, Department of Commerce, School of Business Management and Legal Studies, University of Kerala, delivered an insightful session on the topic Holistic and Multidisciplinary Education on March 25, 2026. He highlighted the importance of integrating diverse disciplines to nurture creativity, critical thinking, and overall student development. The session emphasized the vision of the National Education Policy in promoting flexible learning pathways and fostering well-rounded individuals equipped to meet the challenges of the modern world.

25  
March  
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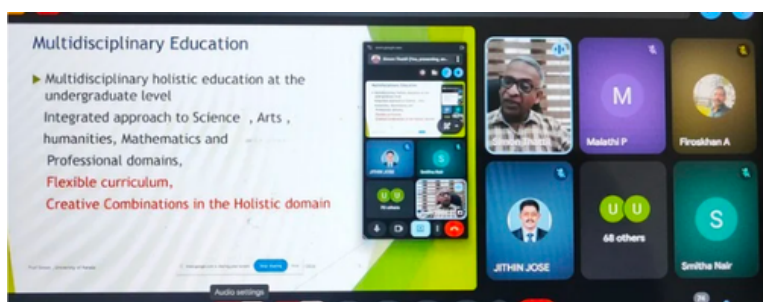
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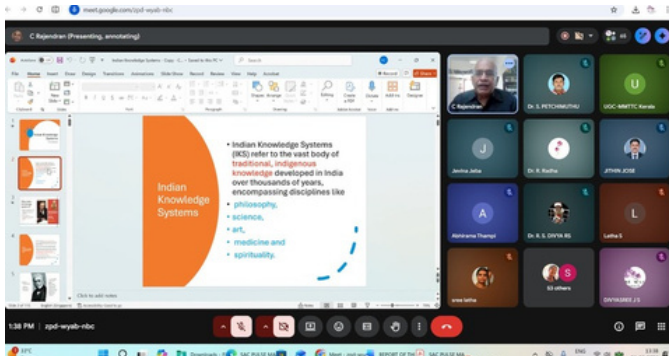
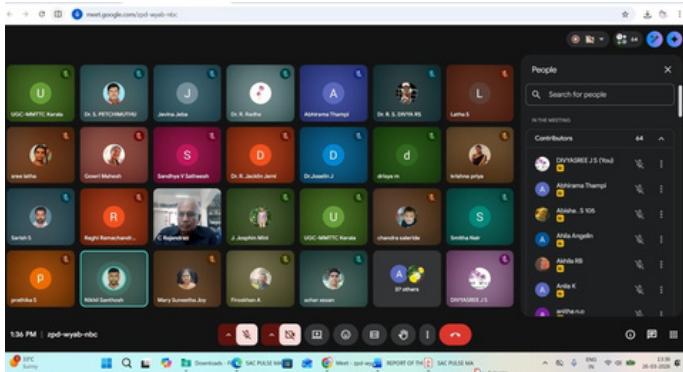
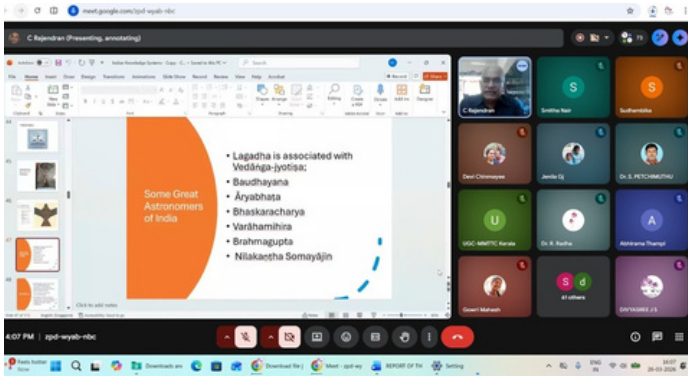
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### REVIVING ROOTS THROUGH KNOWLEDGE!

The NEP Programme held on March 26, 2026, featured an enlightening session by Prof. C. Rajendran, Dean, Faculty of Sanskrit Literature at Sree Sankaracharya University of Sanskrit and University of Calicut. He delivered an insightful talk on the theme “Indian Knowledge System,” highlighting the richness of India’s traditional wisdom, heritage, and scholarly contributions. The session inspired participants to appreciate the relevance of ancient knowledge systems in modern education and emphasized the role of NEP in integrating India’s cultural and intellectual legacy into contemporary learning.



26

March

2026

Chunkankadai

This day in Focus

Purple Day (World Epilepsy Awareness Day)

Purple Day is observed worldwide to raise awareness about Epilepsy.

People wear purple to support individuals living with epilepsy and to promote understanding of the condition.

“  
GO CONFIDENTLY IN THE  
DIRECTION OF YOUR DREAMS!  
LIVE THE LIFE YOU’VE  
IMAGINED  
- HENRY DAVID THOREAU  
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### EVERY DROP TELLS A STORY: SCIENCE FOR SUSTAINABLE WATER”

On the occasion of World Water Day, the Department of Zoology brought science to life through an engaging Water Quality Testing Demonstration on March 26, 2026. Students actively examined key parameters such as pH, hardness, BOD, COD, and turbidity, while comparing drinking water, pond water, and tap water. This hands-on initiative not only strengthened practical understanding but also underscored the vital connection between water quality, ecosystem health, and human well-being. Through thoughtful mini-reports, participants highlighted the importance of water conservation and the need for inclusive approaches to ensure sustainable water management for all.



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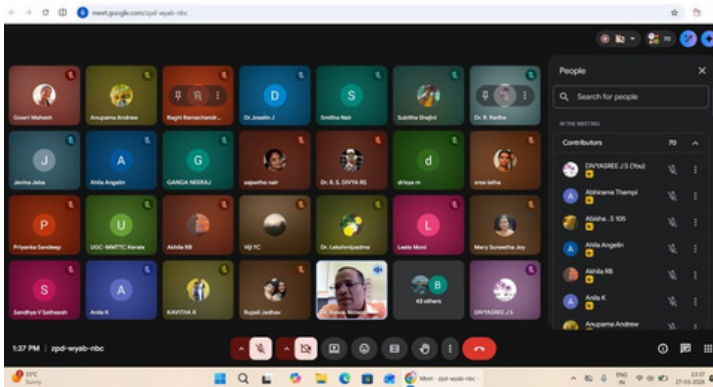
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### HIGHER EDUCATION FOR A BETTER SOCIETY

On the final day of the NEP Programme held on March 27, 2026, Dr. Ashok Nimesh, Assistant Professor (Human Rights), Department of International Relations, School of Humanities and Social Sciences, Central University of Jharkhand, Ranchi, delivered an insightful talk on the topic “Higher Education and Society.” His session emphasized the vital role of higher education in shaping responsible citizens, promoting social justice, and fostering inclusive growth in society. The talk inspired participants to understand the broader social responsibilities of education and its transformative impact on nation-building.



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27  
March  
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This day in Focus

World Theatre Day

This day is primarily celebrated as World Theatre Day, an annual event since 1962 promoting the significance of theatre arts globally.

“  
THE PURPOSE OF  
EDUCATION IS TO REPLACE  
AN EMPTY MIND WITH AN  
OPEN ONE  
– MALCOLM S. FORBES  
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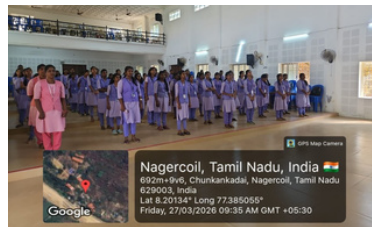
SHIKSHA DHARMENA SHOBHATHE



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### MORNING ASSEMBLY – A STEP TOWARDS EXCELLENCE

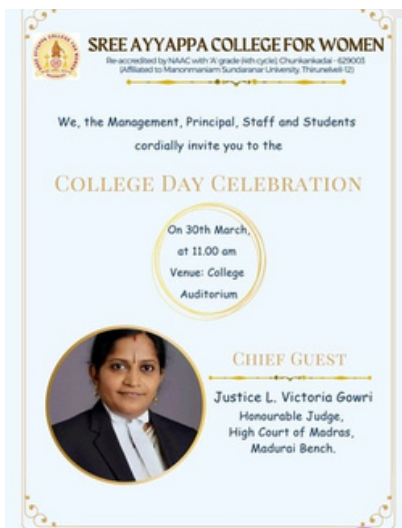
The Department of Commerce organized the Morning Assembly as the Best Practice on March 27, 2026. The assembly began with Tamil Thai Vazhthu and featured meaningful segments including Thirukkural, News Headlines, Thought for the Day, Achievements, Birthday Wishes, and the Principal's Address, followed by the Pledge and National Anthem. The well-coordinated programme, guided by the dedicated faculty and enthusiastic student representatives, reflected discipline, unity, and the institution's commitment to nurturing values and holistic development among students.



### A GRAND CELEBRATION AWAITS – COLLEGE DAY 2026!

Our hearts fill with pride and excitement as Sree Ayyappa College for Women gears up to celebrate the much-awaited College day Celebration on 30th March at 11.00 a.m. in the College Auditorium. This joyous occasion will be graced by the esteemed presence of Justice L. Victoria Gowri, whose inspiring journey and distinguished service add great honor to the celebration.

The day promises to be a vibrant showcase of achievements, talents, and milestones, reflecting the dedication and excellence of our students and staff. From recognizing academic brilliance to celebrating cultural talents, College day stands as a proud reminder of our collective growth and success. Let us come together to cherish memories, applaud accomplishments, and celebrate the spirit of unity and excellence that defines our institution.



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### COLLEGE DAY 2026 – A CELEBRATION TO REMEMBER

The College Day Celebration at Sree Ayyappa College for Women was held with great enthusiasm and grandeur on 30th March 2026 in the College Auditorium. The event was graced by the esteemed presence of Justice L. Victoria Gowri, Honourable Judge, High Court of Madras, Madurai Bench, whose inspiring words motivated students to strive for excellence and uphold values of integrity and dedication.

The celebration showcased the remarkable achievements of students in academics, co-curricular, and cultural activities, reflecting the institution's commitment to holistic development. Awards and recognitions were presented to students and faculty members and the vibrant cultural performances added color and joy to the occasion. The day stood as a proud milestone, leaving behind cherished memories of unity, achievement, and celebration that will be fondly remembered in the college newsletter.



30  
March  
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This day in Focus

International Day of Zero  
Waste

This day is observed in: India  
and globally to  
promote waste reduction and  
to  
encourage recycling and  
responsible waste  
management.

“

SUCCESS IS THE RESULT OF  
PERFECTION, HARD WORK,  
LEARNING FROM FAILURE,  
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A GLOW OF TRADITION, A BEACON OF PROGRESS.



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HONOURING ACHIEVEMENTS, CREATING MEMORIES!



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### CULTURAL PERFORMANCES



### STUDENT ACHIEVEMENTS



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