

# SAC PULSE



## DAILY NEWS LETTER

SHIKSHA DHARMENA SHOBHATHE



Starting the New Year by upholding the spirit of service and responsibility- Principal Dr. V.R. Anjana, inaugurated the 7 days special camp organised by the college NSS unit no. 96 & 162 in 'ANNAI CHELLAMMAL SCHOOL, THIRUPATHICHARAM from 05/01/2026 to 11/01/2026.



CM Thiru. M.K. Stalin launches "Ulagam Uncal Kaiyil" - College student' laptop scheme - a step towards digitally empowering college students across Tamil Nadu - All third year Students - watching live program in our college auditorium

05

January  
2026

Chunkankadai

“

*Walk into the New Year  
with courage in your heart  
and in your actions*

*Swami Vivekananda*

”

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## DAILY NEWS LETTER

SHIKSHA DHARMENA SHOBHATHE

06

January  
2026  
Chunkankadai

*Whatever you think,  
that you will be. If you  
think yourselves weak,  
weak you will be; if you  
think yourselves strong,  
you will be.*  
*Swami Vivekanandha*

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**Experiential Learning in the Lap of Nature:** An enlightening awareness session by Mr. S. Mahadevan, Wildlife Photographer, Kanyakumari Nature Foundation on bird conservation and wildlife protection, on January 6, 2026 organised by Department of Zoology on the occasion of **National Birds Day** celebration.

Ms. Gayathri B.S., I B.Sc. Zoology student, demonstrated remarkable compassion and presence of mind by bravely rescuing a street dog from a monkey attack and safely handed it over to the Tamil Nadu Forest Department. Her timely intervention and humane action were warmly appreciated by the Tamil Nadu Forest Department, Kanyakumari Division.



**Learning beyond classrooms - Day 2 of NSS camp** Guidance that inspires service and leadership - Esteemed Chief Guests - Dr. Smitha Nair (IQAC Coordinator & IIC President) Dr. L. Kumari Krishnaveni, Assistant Professor of Tamil & Dr. B.M. Myla, Assistant Professor of Tamil - addressed the NSS volunteers.



**A session on - IPR BASICS FOR INNOVATORS AND ENTREPRENEURS** The Internal Quality Assurance Cell and Institution Innovation Council organised a session on 'IPR Basics for innovators and entrepreneurs', Mr. N. Edison, Project Manager, Stella Maris Institute of Development Studies, Kanyakumari, delivered an insightful session.

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SHIKSHA DHARMENA SHOBHATHE

07

January  
2026  
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**Ganithaotsav** - Remembering the legacy of Srinivasa Ramanujan at our College InterCollegiate Competitions on Quiz, Poster Presentation, Paper Presentation, and Mathematical Modelling were organised by Department of Mathematics.

*"The greatest sin is to think that you are weak."*

*Swami Vivekanandha*



**NSS Special Camp - Day 3 activities in progress**- Service, smiles and strong team work. An eye Camp was organised by NSS volunteers in collaboration with Digital Eye Optix, Nagercoil to the community of Thirupathisaram village.

As a part of the NSS Special Camp Cleaning activity was organised in Annai Chellammal School, Thirupathisaram.

Dr. T.Anitha, Associate Professor of History - addressed the NSS volunteers.

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DAILY NEWS LETTER  
SHIKSHA DHARMENA SHOBHATHE

08

January  
2026  
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*"Every morning we are  
born again. What we  
do today is what  
matters most."*

*Gautam Buddha*

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**Day 4 of NSS camp - Promoting environmental sustainability through tree plantation** NSS volunteers of unit no. 96 & 162 , actively engaged in planting variety of plants as a part of camp activities, in the Thirupathisaram Government school premises.

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## DAILY NEWS LETTER

SHIKSHA DHARMENA SHOBHATHE

09

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*"If you light a lamp for somebody, it will also brighten your path."*

*Gautam Buddha*

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Nagercoil, Tamil Nadu, India  
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629003, India  
Lat 8.200962° Long 77.384975°  
Friday, 09/01/2026 10:39 AM GMT +05:30

**A significant step towards Doctoral Achievement - The Ph.D. Viva Voce examination of Geethu Vijayan was conducted under the supervision of Dr. B. Sajeetha , Assistant Professor and Research Supervisor, Department of English.**



Ayyappanagar, Chunkankadai,  
Chunkankadai, Nagercoil, Tamil Nadu  
Lat: 8.20034, Lng: 77.38534  
09/01/26 10:55:42 am GMT+05:30



Nagercoil, Tamil Nadu, India  
692m+9v6, Chunkankadai, Nagercoil, Tamil Na  
629003, India  
Lat 8.201251° Long 77.385056°  
Friday, 09/01/2026 01:10 PM GMT +05:30

**Earn While you Learn - An Initiative of Student's Welfare Committee - Creativity and entrepreneurship on display, in 56<sup>th</sup> EXPO 2026.**



Thiruppathisaram, Tamil Nadu,  
India  
9c5w+8qg, Thiruppathisaram, Tamil Nadu 629901, India  
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Friday, 09/01/2026 11:16 AM GMT +05:30



Nagercoil, Tamil Nadu, India  
Near By Annai Chellammal Cbse School,  
Thiruppathisaram, Nagercoil, Tamil Nadu 629901, India  
Lat 8.207569° Long 77.449587°  
Friday, 09/01/2026 03:06 PM GMT +05:30

**Day 5 of NSS Camp - Active participation in social service activities**

**Free medical camp was organised by volunteers to the community of Tirupathisaram .**

**Interactive games session was conducted by NSS volunteers for the government school children of Tirupathisaram village.**

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SHIKSHA DHARMENA SHOBHATHE

10

January  
2026  
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*"If you want to  
leave your footprints  
On the sands of time  
Do not drag your feet."*

*Dr. A.P.J. Abdul Kalam*

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Saturday, 10/01/2026 02:05 PM GMT +05:30

**Spreading the message of Anti - Ragging through Creative Wall art - Anti-Ragging awareness Campaign through Wall Painting at the college Campus, was organised by the Anti-Ragging committee of our College.**



Thiruppathisaram, Tamil Nadu, India  
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Saturday, 10/01/2026 12:01 PM GMT +05:30



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6f52+22r, Thiruppathisaram, Tamil Nadu 629901, India  
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### Day 6 of NSS Camp - Serving through Cleanliness and Learning

Cleanliness Drive, was organised in "Jadayapuriswarar temple, Thiruppathisaram.

Anti - Drug Procession was organised in the village of Thiruppathisaram.

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## DAILY NEWS LETTER

SHIKSHA DHARMENA SHOBHATHE

11

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*"You cannot change your future, but you can change your habits, and surely your habits will change your future."*

Dr. A.P.J. Abdul Kalam

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**Day 7 of NSS Camp - As the camp concludes, the values of NSS continues to guide us forward** - The 7 days camp conducted by the NSS units No. 96 &162 of our College came to end with dignified valedictory, by appreciating the committed volunteers of the NSS camp.

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SHIKSHA DHARMENA SHOBHATHE

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2026  
Chunkankadai

*"Learning gives  
creativity Creativity  
leads to thinking  
Thinking provides  
knowledge  
Knowledge makes  
you great."*

*Dr. A.P.J. Abdul Kalam*

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**Learning beyond classrooms through hands - on experience** - As a part of Experimental learning . the II MA English Students , visited Government Museum at Kanyakumari,



**Understanding the problem is half the solution** - IQAC, IIC and Department of Commerce (SF) in collaboration with Ask Training Solutions organised a session on , "Achieving Problem Solution Fit". Mr. S. Ajith Kumar, Founder and Managing Director, Ask Training Solutions, Master Trainer - Naan Muthalvan and trainer - EDII, addressed the UG & PG (self) Commerce students of our College.



**Unleashing creativity on paper** - The inaugural event of the Youth Festival, Offstage Inter-Departmental Pencil Drawing Competition , was conducted by Fine Arts Club of SAC.

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SHIKSHA DHARMENA SHOBHATHE



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January  
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Chunkankadai

*"Be active! Take on responsibility!  
Work for the things you believe in.  
If you do not, you are surrendering your fate to others."*

*Dr. A.P.J. Abdul Kalam*



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DAILY NEWS LETTER  
SHIKSHA DHARMENA SHOBHATHE

13

January  
2026  
Chunkankadai

SREE  
AYYAPPA  
COLLEGE FOR  
WOMEN  
WISHES ALL  
A HAPPY  
PONGAL  
2026



**Thai Pirandhal Vazhi Pirakkum** - Celebrating Pongal with gratitude, tradition, and togetherness at our College campus.

# SAC PULSE



DAILY NEWS LETTER  
SHIKSHA DHARMENA SHOBHATHE

14 January  
2026  
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*Genius is one percent inspiration and ninety-nine percent perspiration.*

*Thomas Edison*



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Morning Assembly as the Best Practices, organised by the department of Botany

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SHIKSHA DHARMENA SHOBHATHE

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*“Quality is never an accident; it is always the result of intelligent effort.”*  
-John Ruskin

**IIC and IQAC of Sree Ayyappa College for Women, in association with Young Indians (Yi) and AgileTribers, organized a workshop on AI and Industry 4.0 tools for innovators and entrepreneurs.**



Nagercoil, Tamil Nadu, India  
Ayyappanagar, Chunkankadai, Chunkankadai,  
Nagercoil, Tamil Nadu 629003, India  
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Monday, 19/01/2026 11:39 AM GMT +05:30

Flower Arrangement and Vegetable Carving Competition was conducted as a part of Fine Arts activities.

As part of career development initiatives, the Department of Commerce (Self) conducted a session on corporate career opportunities in collaboration with Indian Institute of Commerce, Lakshya.

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**Naan Mudhalvan Classes Begin: Employability Skills for III Year Students**

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## DAILY NEWS LETTER

SHIKSHA DHARMENA SHOBHATHE

20

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“Failure is not the opposite of success; it is part of success.” – Arianna Huffington

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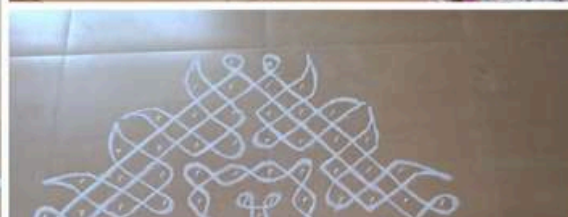
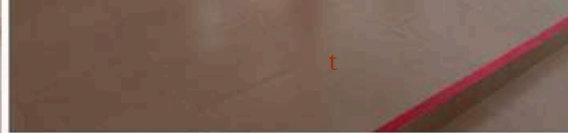
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20-Jan-2026 3:09 pm  
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### Rangoli and pullikolam Competition as a part of Fine Arts Activities



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692m+9v6, Chunkankadai, Nagercoil, Tamil Nadu 629003, India  
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Monday, 20/01/2026 01:18 PM GMT +05:30

Enhanced student awareness of corporate career pathways by Department of Commerce in association with the Indian Institute of Commerce, Lakshya.

Workshop on Design Thinking, Critical Thinking and Innovation Design organised by IIC & IQAC

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## DAILY NEWS LETTER

SHIKSHA DHARMENA SHOBHATHE

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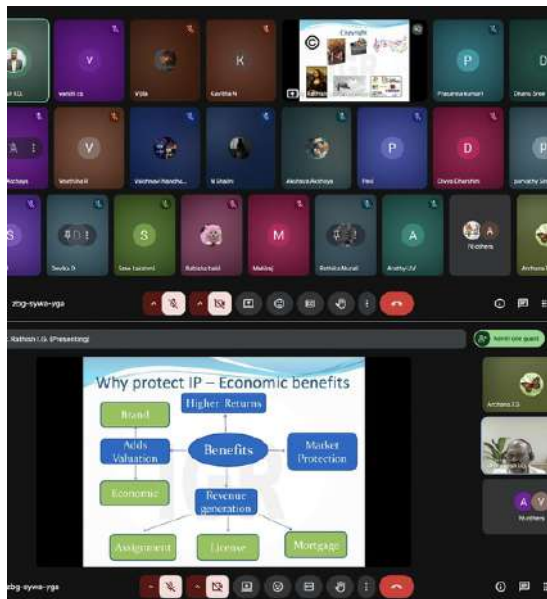
January  
2026  
Chunkankadai



**Exploring the future of technology through immersive learning.**

The Department of Physics, in association with Keltron Virtual Reality Lab, conducted a session on “Entering the Era of XR and Artificial Intelligence”, offering students insights into AR, VR, MR, and AI applications.

“Coming together is a beginning; keeping together is progress; working together is success.”  
— Henry Ford



**Transforming ideas into intellectual assets.- IIC and IQAC jointly organised an online session on “Turning Ideas into Business Value: The Role of IPR”, fostering innovation and entrepreneurial thinking**

**The NET Coaching Class (2025–2026) was inaugurated to support aspirants in achieving higher academic and research goals.**

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**Strengthening research skills for academic advancement. The Department of History organised a session on Research Methodology.**



**Department of Physics conducting Morning Assembly as a best academic practice.**



**Promoting creativity through Art from Waste and Maa Kolam under Fine Arts activities.**

# SAC PULSE



## DAILY NEWS LETTER

SHIKSHA DHARMENA SHOBHATHE

### Editorial

Higher education plays a vital role in advancing the Sustainable Development Goals by fostering inclusivity, equity, and responsible citizenship. The Two-Day National Seminar on “Gendered Realities and Emotional Intelligence in Higher Education,” held on 22 and 23 January 2026, organised by the IQAC, Sree Ayyappa College for Women, in collaboration with the UGC-Malaviya Mission Teacher Training Centre, University of Kerala, provided a platform for critical academic dialogue on gender equity, emotional intelligence, and institutional responsibility.

The deliberations aligned with SDG 4 (Quality Education) and SDG 5 (Gender Equality) by promoting inclusive educational practices and social justice, while reflecting SDG 10 (Reduced Inequalities) through discussions on systemic disparities and emotionally intelligent leadership. This special edition of SAC Pulse documents these scholarly engagements and reaffirms the institution’s commitment to quality assurance, inclusive growth, and sustainable development.

**SPECIAL  
EDITION**  
**23**  
**January**  
**2026**  
**Chunkankadai**



The Two-Day National Seminar was ceremonially inaugurated with the lighting of the traditional lamp, symbolising the pursuit of knowledge, equity, and inclusive academic dialogue, in alignment with Sustainable Development Goal 4 (Quality Education). This was followed by the welcome address delivered by Dr Smitha Nair, IQAC Coordinator and Head of the Department of Chemistry.

**“Keep your  
face always  
toward the  
sunshine—  
and shadows  
will fall  
behind you.”  
— Walt  
Whitman**



**Presidential Address delivered by Dr. V. R. Anjana, Principal, Sree Ayyappa College for Women, setting the vision for the Two-Day National Seminar.**

**The Inaugural Address by Prof. Josukutty C.A., Director, UGC MMTTC, University of Kerala, highlighted the significance of interdisciplinary perspectives in addressing gendered realities, power structures, and equality within higher education.**



**Keynote Address delivered by Dr.S. Bindhuja during the inaugural session of the Two-Day National Seminar.**

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## DAILY NEWS LETTER

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**SPECIAL  
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23  
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2026  
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**Felicitation Address by Dr. D. Lekha, Associate Professor and Head of the Department of History, as part of the inaugural session.**



**Vote of Thanks by Dr. C Lakshmi Prasad, Assistant Professor of English, marking the conclusion of the inaugural session.**

**Felicitation of esteemed dignitaries with eco-friendly saplings and ceremonial shawl.**



**Churning of Technical Session I by Dr. S. S. Sandhya, Associate Professor and Head, Department of Mathematics, Sree Ayyappa College for Women.**



**Technical Session I by Dr. Beela G. K., Professor and Head, Department of Community Science, Kerala Agricultural University, on the topic "Gender Sensitization: Emotional Intelligence for Gender Equality."**

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## DAILY NEWS LETTER

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**SPECIAL  
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23**

**January  
2026  
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**Paper Presentation Session chaired by Dr. Deepa Nair, Associate Professor of English, Sree Ayyappa College for Women.**



**Day 2- Technical Session II chaired by Major Dr. Ajeendra Nath, Associate Professor and Head, Department of Malayalam, SAC and led by Prof. Antony Palackal, Formerly Professor and Head, Department of Sociology, University of Kerala, on the topic "Gendered Realities: Violence, Power and Resistance."**

**"In the middle of  
difficulty lies  
opportunity."  
— Albert Einstein**



**Technical Session III, chaired by Dr. Deepa Nair, Associate Professor of English, Sree Ayyappa College for Women, featured an address by Dr. Lekha N. B., Assistant Professor, Department of Sociology, Sree Narayana College, Chempazhanthy, Thiruvananthapuram, on the topic "Navigating Gender Paradox: Dynamics of Power, Property and Sexuality."**

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Lat 8.201378° Long 77.385053°  
Friday, 23/01/2026 02:18 PM GMT +05:30

**The Valedictory Session of the Two-Day National Seminar featured the Valedictory Welcome by Dr. R. Radha, the Valedictory Address by Prof. Antony Palackal, the distribution of certificates by the dignitaries, and the Vote of Thanks delivered by Ms. J. S. Divya Sree. The seminar report was prepared and presented by Dr. C. Lakshmi Prasad.**

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**Organising Team with Dignitaries of the Two-Day National Seminar on  
"Gendered Realities and Emotional Intelligence in Higher Education"**

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23

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**“When we work in  
harmony, even small  
efforts create great  
change.”**

— Dalai Lama

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629003, India  
Lat 8.200899° Long 77.384955°  
Friday, 23/01/2026 10:15 AM GMT +05:30



**Promoting Research and Academic Rigour**  
The Ph.D. public viva-voce examination of Ms Archana N. S. was conducted with Dr Sheeba S. Nair as Research Supervisor and Dr. V. David Arputha Raj as External Examiner.



Nagercoil, Tamil Nadu, India  
692m+9v6, Chunkankadai, Nagercoil, Tamil Nadu  
629003, India  
Lat 8.201351° Long 77.385093°  
Friday, 23/01/2026 10:54 AM GMT +05:30



Nagercoil, Tamil Nadu, India  
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Lat 8.201351° Long 77.385093°  
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**“Observance of National Voters’ Day 2026 through the administration of the Voters’ Pledge, promoting electoral awareness and responsible citizenship among students.”**



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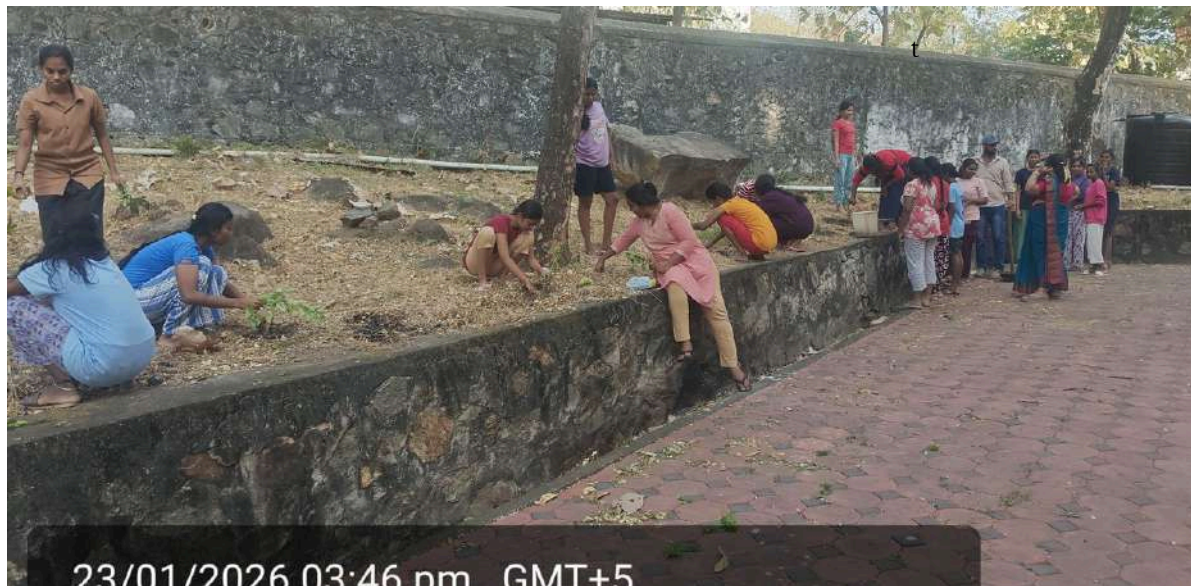
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Physics

**Promoting Environmental Responsibility**  
**The Department of Physics, Sree Ayyappa College for Women, organized a cleaning drive at Chunkankadai Pond and premises as part of its extension activities, fostering community engagement and environmental awareness.**



# SAC PULSE



## DAILY NEWS LETTER

SHIKSHA DHARMENA SHOBHATHE

24

January  
2026

Chunkankadai

**“Bravery is not the absence of fear, but the determination to move forward despite it.” — Nelson Mandela**



**The Department of Physics, in association with Dr. Jeyasekharan Medical Trust and Bay of Life, organized the Drowning Awareness and Water Safety Program on 24-01-2026, empowering students and the community with essential life-saving knowledge. The program featured expert demonstrations, interactive sessions, and special appearances by Tamil serial actor Mr. Agilan Pushparaj and his film crew, making it an impactful and engaging awareness initiative.”**

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## DAILY NEWS LETTER

SHIKSHA DHARMENA SHOBHATHE

26

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2026

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**“A country’s greatness lies in its undying ideals of love and sacrifice.”  
— Sarvepalli Radhakrishnan**

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**Celebrating the spirit of the Republic with pride and purpose.**

**The NSS Units and the Department of Physical Education jointly organised the 77th Republic Day celebrations, fostering patriotism and civic awareness.**

# SAC PULSE



## DAILY NEWS LETTER

SHIKSHA DHARMENA SHOBHATHE

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**“Well done is better  
than well said.”  
— Benjamin Franklin**



Nagercoil, Tamil Nadu, India  
Ayyappanagar, Chunkankadai, Chunkankadai, Nagercoil,  
Tamil Nadu 629003, India  
Lat: 8.200703° Long: 77.335215°  
Tuesday, 27/01/2026 02:48 PM GMT +05:30



Nagercoil, Tamil Nadu, India  
Ayyappanagar, Chunkankadai, Chunkankadai, Nagercoil,  
Tamil Nadu 629003, India  
Lat: 8.200772° Long: 77.335152°  
Tuesday, 27/01/2026 02:53 PM GMT +05:30

The IQAC, IIC and the Department of Commerce jointly organised a Motivation Talk titled “Dream. Dare. Do: The Entrepreneurial Rise of Ms. Mahalexmi”, an alumna of the Department of Commerce, on 27 January 2026, inspiring students through real-world entrepreneurial insights.



Eight volunteers of NSS Unit No. 97 participated in the Three-Day Residential Future Young Leaders Boot Camp organised by Mera Yuva Bharat, Kanyakumari, under the Ministry of Youth Affairs and Sports, Government of India, held from 21 to 23 January 2026 at Noorul Islam Centre for Higher Education, Kumarakovil, gaining valuable leadership and youth engagement skills.



Proud moment for Sree Ayyappa College for Women as Ms. Jeevitha R, II B.Sc. Zoology, represented the NSS contingent at the State Republic Day Parade Camp 2026 and marched in the Republic Day Parade at Marina, Chennai.

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Dr Sreya G. Nair, Head of the Department of Zoology, was honoured by Mera Yuva Bharat, Kanyakumari, under the Ministry of Youth Affairs and Sports, Government of India, for her participation in the Boot Camp held at Noorul Islam Centre for Higher Education, Kumarakovil, on 21 January 2026. She was also conferred with the Seva Ratna Award 2026 by the Federation of Tamil Nadu Palm Tree Protection during the Tamil Sangam Viruthukal 2026 ceremony held on 24 January 2026 at U.S.P. College of Arts and Science, Tenkasi, in recognition of her exemplary service and outstanding contribution to community development.



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The Department of History, in collaboration with Sherlin Driving School, organised a Road Safety Awareness Programme on 28 January 2026 at Chunkankadai, promoting responsible road behaviour among students.

**“Perseverance is failing 19 times and succeeding the 20th.”**  
— Julie Andrews



IQAC, IIC, and the Department of Commerce jointly organised a session on “DNA of an Entrepreneur” led by Mr. Gautham Shanmugam, Social Entrepreneur, Fitness Icon, and Founder & CEO, Bureaucrats Education Pvt. Ltd.

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A structured Morning Assembly highlighting cultural identity, academic thought, and institutional values, organised by the Department of Mathematics.

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**Student**  
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# SAC PULSE



## DAILY NEWS LETTER

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### Lighting the Lamp, Igniting Creativity

The inauguration of Rhythmic Resonance – Youth Festival 2026, scheduled for 29 and 30 January 2026, commenced with the ceremonial lamp lighting by the Principal, esteemed guests, Fine Arts Committee members, and Students' Union leaders, symbolising the illumination of talent, tradition, and youthful artistic expression.

**“Education is not the filling of a pail, but the lighting of a fire in the whole person.”**  
— William Butler Yeats

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**Academia meets industry: Sree Ayyappa College for Women signs MoU with Confederation of Indian Industry (CII-Young Indians) to Foster Student Leadership, Skill Development, industry engagement and Nation Building .**

# SAC PULSE



## DAILY NEWS LETTER

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### Glimpses of Fine Arts Day – Rhythmic Resonance 2026

A few vibrant moments from Fine Arts Day showcasing the creativity, cultural diversity, and expressive talents of students during Rhythmic Resonance – Youth Festival 2026.

**“Balance is not something you find; it is something you create.”**

**— Jana Kingsford**

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Physics



Nagercoil, Tamil Nadu, India  
692m+9v6, Chunkankadai, Nagercoil, Tamil Nadu  
629003, India  
Lat 8.20252° Long 77.384811°

**Observance of Martyrs' Day-** The students and the faculty of the Department of Commerce took a solemn oath on 30 January 2026, pledging to uphold the values of truth, non-violence, communal harmony, and responsible citizenship, inspired by Mahatma Gandhi. The observance honoured the sacrifices of freedom fighters and underscored the importance of unity, patriotism, and a spirit of service to the nation among students.

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**“Dreams don’t work unless you do.”**  
— John C. Maxwell

**Ulagam Ungal Kaiyil - Technology in Every Student's Hands. Under the Tamil Nadu Government's Free Laptop Scheme (Ulagam Ungal Kaiyil), launched on 05 January 2026, laptops were distributed to students of Sree Ayyappa College for Women by R. Mahesh, Mayor, Nagercoil Corporation, reaffirming the State's commitment to digital inclusion in higher education.**

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**Essay Writing Competition organised by the Anti-Drug Club of Sree Ayyappa College for Women, in association with Nandini Voice of the Deprived, Chennai, fostering ethical values, critical thinking, and social responsibility among students.**