

SREE AYYAPPA COLLEGE FOR WOMEN

Re-accredited with A grade (IV Cycle) by NAAC Chunkankadai, Nagercoil - 629003







REPORT ON INAUGURAL FUNCTION OF DEEKSARAMBH 2025

The inaugural ceremony of Deeksharambh – Student Induction Programme-2025 was held on June 16, 2025 at 10:00 a.m. in the college auditorium. The event marked the beginning of an exciting academic journey for the newly admitted students and served as a platform to introduce them to the institution's values, structure, and support systems. The Deeksharambh Programme aims to create a sense of belonging, foster connections among freshers, seniors, and faculty members, familiarize freshers with the institution's culture, values, and policies, engage freshers in various activities, promoting their creative impulses and confidence and establish a strong bond between students, faculty, and staff.



The programme commenced with the rendering of Tamil Thai Vazhthu, followed by the ceremonial lighting of the lamp, symbolizing the dispelling of ignorance and the illumination of knowledge. Ms. Divyasree J. S., Assistant Professor, Department of English, warmly welcomed the gathering. In her address, she emphasized the importance of the induction programme in fostering a sense of belonging and motivating students to explore their potential within a supportive academic environment. Dr. V. R. Anjana, Principal of the institution, delivered the Presidential address. She

highlighted the objectives of Deeksharambh and stressed the importance of holistic development, discipline, and character building. She encouraged the students to make full use of the opportunities and facilities provided by the institution. Dr. L. Kumari Krishnaveni, Head of the Department of Tamil, delivered the special address and shared valuable insights and practical advice for the freshers to help them navigate this new chapter of life. She encouraged students to embrace the values of discipline, perseverance and self-confidence urging them to take responsibility for their learning and personal growth. Dr. R. Radha, Assistant Professor, Department of Zoology, provided a comprehensive overview of the Deeksharambh programme. She outlined the week-long schedule, including sessions on institutional orientation, values and ethics, physical and emotional well-being, and social sensitivity. She elaborated on the significance of each activity and how it is designed to ease the transition of students into college life. Ms. Sreethi Krishna J., Assistant Professor, Department of English, introduced the Heads of Departments and the student mentors. She highlighted the role of mentors in guiding and supporting students throughout their academic journey. The event concluded with a formal vote of thanks delivered by Dr. K. R. Sobha, Assistant Professor of Mathematics and Mentor Coordinator, expressing gratitude to the management, faculty members, and all participants for making the inaugural function a memorable success. The inaugural session set a positive tone for the rest of the Deeksharambh programme, creating a warm and welcoming environment for the first-year students.

The inaugural session of Deeksharambh -2025 successfully marked the beginning of an enriching academic journey for the new entrants. It not only familiarized the students with the institutional framework and faculty members but also instilled in them a sense of belonging and enthusiasm. The thoughtfully curated addresses and programme overview helped students understand the vision, values, and support systems of the college. With a warm and inspiring start, the Deeksharambh programme is set to guide the students toward holistic development and confident integration into campus life.















DEEKSHARAMBH -DAY 1- JUNE 17, 2025



10-10.45 am –Introduction by Principal, Dr.V.R.Anjana

The first day of the Deeksharambh 2025 commenced with the prayer at 9.50am. Our beloved Principal, Dr. V. R. Anjana, addressed the first-year students on the human values. She initiated the students to think about the need for enhancing values in life. She spoke about honesty, truth, respect, gratitude and reverence. She also stressed the significance of prayer in life.

11-12 pm – Ice Breaking Session and Student Counselling

Ms. Harshini of III BA English welcomed the resource persons of the day. An activity-based session by Ms. Jershiya, Supdt., Swathgrah Home, Thottiyodu created lively ripples in the students. It was followed by a session on Counselling by Mr. Dinesh Krishnan, Committee Member, Suraksha Community Centre for Family health. Mr. Dinesh Krishnan counsel for the students was interactive and interesting. He focused on concentration, emotional and mental well being. A book on Awareness on Sexual Harassment by Dr. Swarnalatha Raju, Vice-chairman, Suraksha Community Centre for Family health was released in the session.



12-12.30 pm – Awareness on Scholarship and Government schemes

Dr. V. Soniya, Assistant Professor and Head of the Department of Commerce enlightened the students with information on various scholarships and other govt. schemes that are available for them. She also spoke about the necessary credentials needed to apply for these schemes.



12.30-1.30 pm - Lunch Break

1.30-2.00 pm – Talent Hunt

The students volunteered to showcase their talents on stage. Ms. Vaishnavi (BCom), Ms. Muruga Sree Durga (English), Ms. Menaki (BCom SF) and Ms. Dharshini (Physics) showcased their musical talents before the audience.



2.00-2.30 pm – Awareness on Health and Hygiene

Ms. Ashifa, II B.Com welcomed the speaker of the session, Dr. Uma Selvan. Dr. Uma Selvan talked with the students on health and hygiene. She discussed topics like obesity, mobile phone addiction and need for health care. She talked about how obesity can affect the functioning of human body. She also stressed on the way mobile phones control the physical health of the generation. She urged the students to channelise their mobile phone addiction to more physically-engaging activities. Ms. Priyadharshini, II B.Com, delivered the vote of thanks.



2.30-3.30 pm – Sports and Games

The Department of Physical Education commenced the induction program with an engaging and energetic start. The first day's activities were design to promote physical well – being, teamwork and mental relaxation. The session began with yoga, focusing on basic asanas and breathing techniques to enhance flexibility and mindfulness. This was followed by a lively aerobics session, which energized the participants and fostered a spirit of enthusiasm. The day concluded with ball passing games & Shuttle run, encouraging coordination, communication and group participation among students. Overall, the first day set a positive tone for the program, blending fitness with fun.





DEEKSHARAMBH -DAY 2- JUNE 18, 2025

DAY 2	18-06-2025
10-11 am	Yoga Session – Brahmakumari's Rajayoga Foundation, Nagerco
11-12 pm	Awareness on Sexual Harassment – Prof. Dr.Swarnalatha Raju, Vice-Chairman, Suraksha Community Centre for Family Health
12-12.30 pm	Introduction of Various Clubs and Cells – Ms.J.S.Divyasree Assistant Professor of English
12.30-1.30 pm	Lunch Break
1.30-2.30 pm	Universal Human Values- Role of Money in Life — Prof.Dr.T.N Padmanabhan, Retd Principal ,S.T.Hindu College,Nagercoil
2.30 -3.30 pm	Sports and Games

The second day of the Deeksharambh -2025 Student Induction Programme on 18.06.2025 began with a focus on holistic well-being and value-based education.

10-11 am -Yoga Session:

In observance of International Yoga Day, a rejuvenating yoga session was organized by Brahmakumari's Rajayoga Foundation, Nagercoil, from 10:00 am to 11:00am. Students actively participated and were introduced to basic yoga postures and the principles of Rajayoga meditation, emphasizing inner peace and mental clarity.



11-12 pm -Awareness on Sexual Harassment

Prof. Dr. Swarnalatha Raju, Vice-Chairman of Suraksha Community Centre for Family Health, delivered an insightful session on creating safe spaces from 11:00 am to 12:00 pm. She discussed the definitions, preventive measures, and redressal mechanisms related to sexual harassment, fostering awareness and responsibility among the students.



12-12.30 pm -Introduction to Various Clubs and Cells

Ms. J.S. Divyasree, Assistant Professor of English, familiarized the students with the wide range of clubs and cells functioning in the college from 12:00 pm - 12:30 pm. She encouraged students to explore and enroll in co-curricular and extracurricular activities that align with their interests and talents.





1.30 -2.30 pm -Universal Human Values: Role of Money in Life:

An engaging lecture on the ethical and philosophical aspects of money was delivered by Prof. Dr. T.M. Padmanabhan, Retired Principal of S.T. Hindu College, Nagercoil, from 1:30 pm to 2:30 pm He emphasized the need for balance between material needs and moral values in a student's life.



2.30 -3.30 pm -Sports and Games:

The Department of Physical education successfully conducted the induction program on second day from 2.30pm to 3.30pm. The session featured a series of activities aimed at promoting physical health and team spirit among the new students. The program began with a yoga session, introducing basic asanas and breathing exercises to enhance flexibility and mindfulness. This was followed by a dynamic aerobics session that boosted energy levels and encourages active participation. The day concluded with ball passing games, designed to improve coordination, communication and team work. The activities created an engaging and positive environment, laying a strong foundation for the days ahead.





DEEKSHARAMBH -DAY 3- JUNE 19, 2025

DAY 3	19-06-2025
10-11 am	Career Guidance & Placement – Dr.V.Umayorubhagan Retd.Associate Professor of Chemistry, Pioneer Kumaraswamy College, Nagercoll
11.15-12.30 pm	Alumni Talk – Dr.Praseetha.P.K, Professor & Head ,Department of Nanotechnology, NICHE,Kanyakumari
12.30-1.30 pm	Lunch Break
1.30-2.30 pm	Mentoring Session – Class Mentors
2.30 -3.30 pm	Sports and Games

The third day of the Deeksharambh -2025 Student Induction Programme on 19.06.2025 began with a career guidance and placement session.

10-11 am - Career Guidance and Placement Session

Career Guidance and Placement Session was organized to create awareness among students about the importance of early career planning, skill development, and placement preparation. Dr. V. Umayorubhagan, Retd. Associate Professor of Chemistry, Pioneer Kumaraswamy College, Nagercoil was the resource person of the session. He spoke on understanding career planning, identifying interests and aptitudes, aligning academic choices with career goals and about Higher Education Opportunities and courses and entrance exams after graduation. The awareness talk on career guidance and placement was successful in motivating students to plan their academic journey with a career-oriented mindset.



11.15 -12.30 pm -Alumni Talk

Dr.Praseetha.P.K, Professor and Head, Department of Nanotechnology, NICHE, Kanyakumari ,prominent alumni of our college addressed the new comers of our college. The purpose of the alumni talk was to motivate students, provide practical career insights, and foster a strong alumni-student network. The alumni speaker delivered an engaging and inspiring talk covering academic experiences during college years ,transition from campus to career, career opportunities and industry expectations. The speaker also highlighted how the institution shaped her personality and values in life. The alumni talk was an enriching experience that provided both practical guidance and emotional encouragement to students. It highlighted the importance of alumni engagement in academic development.





12.30-1.30 pm – Lunch Break

1.30 -2.30 pm – Mentoring Session

The mentoring session was conducted to provide guidance, support, and orientation to the newly admitted first-year students. The primary aim was to help students adjust to the college environment, understand academic expectations, and build a trusting relationship with faculty mentors for their holistic development. Each mentor was engaged with a small group of mentees, offering personal attention and discussed about Introduction to College Life, Orientation to college rules, facilities, departments, and staff, academic structure – credit system, internal marks, attendance, etc, Introduction to clubs, NSS, NCC, RRC, sports, and cultural events. The first-year mentoring session served as a crucial step in the transition of new students into college life and laid the groundwork for sustained mentorship throughout their academic journey.





2.30 -3.30 pm – Sports and Games

On the third day of the Induction program, the Department of Physical Education organized a series of fun and engaging games for the students. Activities included the Tunnel Game, Chain Game, Basketball Throw, Ball and Pen Game. These games not only promoted physical activity and teamwork but also brought immense joy and enthusiasm among the students. The session

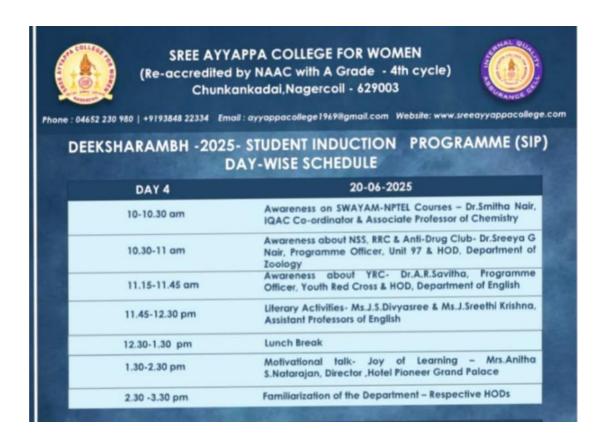
was lively and interactive, with everyone participating wholeheartedly and enjoying the spirit of friendly competition.





The enthusiastic participation and positive feedback from the students reflect the success of the program. It has set a solid foundation for their journey ahead, both physically and academically.

DEEKSHARAMBH -DAY 4- JUNE 20, 2025



The fourth day of the Student Induction Programme on June 20,2025 commenced with an informative and enriching set of sessions curated to familiarize the freshers with the various platforms for academic enrichment and co-curricular engagement.

10.00 – 10.30 am – Awareness on SWAYAM-NPTEL Courses

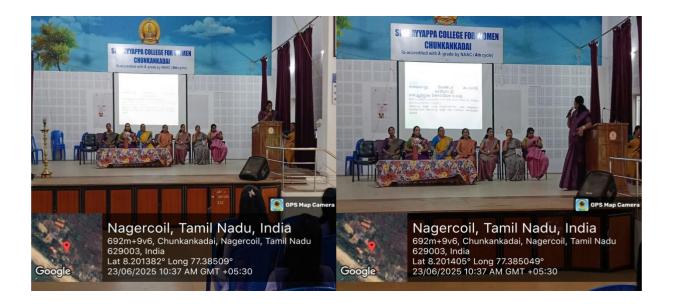
Dr. Smitha Nair, IQAC Co-ordinator & Associate Professor of Chemistry delivered a highly insightful session highlighting the importance of online learning platforms such as SWAYAM and NPTEL. She emphasized the benefits of these MOOC platforms in enhancing self-paced learning, skill development, and gaining certifications from premier institutions. Students were encouraged to actively enroll in relevant courses to supplement their regular academic curriculum.





10.30 – 11.00 am- Awareness about NSS, RRC & Anti-Drug Club

Dr. Sreeya G Nair, Programme Officer, Unit 97 & HOD, Department of Zoology explained the vision and activities of the National Service Scheme (NSS), Red Ribbon Club (RRC), and the Anti-Drug Club. She inspired the students to become socially responsible citizens by participating in community service and spreading awareness on health and societal issues.



11.15 – 11.45 am- Awareness about YRC

Dr. A.R. Savitha, Programme Officer, Youth Red Cross & HOD, Department of English spoke on the humanitarian objectives of the Youth Red Cross (YRC). Dr. Savitha motivated students to engage in voluntary services and outlined the activities and emergency preparedness initiatives of the YRC unit on campus.



11.45 – 12.30 pm- Literary Activities

Ms. J.S. Divyasee & Ms. J. Sreethi Krishna, Assistant Professors of English organized literary activities to enhance language skills, creativity, critical thinking, and public speaking among students. These activities aimed at fostering a love for literature, encouraging self-expression, and improving communication, all of which are essential for academic and professional success. The literary activities successfully provided a platform for students to express, engage, and evolve intellectually and emotionally.



12.30 - 1.30 pm- Lunch Break

1.30 – 2.30 pm- Motivational Talk – Joy of Learning

Mrs. Anitha S. Natarajan, Director, Hotel Pioneer Grand Palace delivered a heartwarming and motivational talk titled "Joy of Learning." Through personal anecdotes and real-life experiences, she inspired students to embrace learning with enthusiasm and positivity. Her session was interactive and well-received by the students.



2.30 – 3.30 pm - Familiarization of the Department

The final session of the day involved Department-wise interactions, where HODs welcomed the students to their respective departments. They provided overviews of Departmental facilities, faculty profiles, academic expectations, and support mechanisms in place for the holistic development of students.



DEEKSHARAMBH -DAY 5- JUNE 23, 2025

DAY 5	23-06-2025
10-11.15 am	Awareness on Entrepreneurship - Mr Satheesh Kumar, Founder KARKA Code School
11.30-12 pm	Awareness on Anti-ragging – Dr.Sheeba S.Nair, Associate Professor of English
12-12.30 pm	Grievance Redressal Mechanism – Dr.G.Sumathy, Assistan Professor of Mathematics
12.30-1.30 pm	Lunch Break
1.30-1.45 pm	Feedback session by Students
1.45 -3.30 pm	Campus Tour

The fifth day of the Deeksharambh Induction Programme on June 23,2025 was marked by insightful sessions that enriched students with valuable knowledge on essential academic and social topics.

10:00 – 11:15 am- Awareness on Entrepreneurship

The session began with Mr.Satheesh Kumar, Founder, KARKA Code School delivering a motivating talk on entrepreneurship. He emphasized the importance of innovation, risk-taking, and leadership in building startups. The speaker shared practical examples from the local startup ecosystem and encouraged students to explore entrepreneurial opportunities.



11:30 – 12:00 pm- Awareness on Anti-ragging

Dr. Sheeba S. Nair, Associate Professor of English, Sree Ayyappa College For Women, Chunkankadai highlighted the psychological, emotional, and legal consequences of ragging. She informed students about the anti-ragging policies in place and motivated them to foster a safe and inclusive campus environment.



12:00 – 12:30 pm- Grievance Redressal Mechanism

Dr. G. Sumathy, Assistant Professor of Mathematics, Sree Ayyappa College for Women, Chunkankadai introduced the students to the grievance redressal process in the institution. She explained the different channels through which students can voice their concerns and assured them of a fair and transparent system.



12:30 – 1:30 pm- Lunch Break

1:30 - 1:45 pm - Feedback Session

The day concluded with a brief feedback session where students were asked to fill their thoughts on the day's events. They appreciated the relevance and usefulness of the topics covered.



1.45 -2.30 pm -Campus tour

A campus tour was organized as part of the Student Induction Programme to help newly admitted first-year students become familiar with the infrastructure, facilities, and departments of the college. The purpose was to create a sense of belonging, comfort, and confidence among the students as they began their academic journey. The campus tour was a valuable experience for first-year students, helping them integrate into the college environment with ease.



DEEKSHARAMBH -DAY 6- JUNE 24, 2025



On the final day of the Student Induction Programme, the first-year students along with Principal and their mentors embarked on a meaningful visit to an old age home and Eco Park in Kanyakumari. The trip aimed to instill empathy, social responsibility, and environmental awareness among students.

.Eco Park Visit, Kanyakumari

- Nature Exploration: Students explored the Eco Park, learning about the diverse flora and fauna, and the importance of conservation.
- Environmental Awareness: The visit highlighted the significance of sustainable practices, waste management, and environmental stewardship.

The students showcased their hidden talents during the visit. The students gave their feedback about the student induction programme. The participation certificates for Deeksharambh were also distributed to the students.









Old Age Home Visit- Voice India Development Trust, Meenkshipuram

- Interacting with Seniors: Students interacted with the elderly residents, engaging in conversations and listening to their life experiences.
- Donations and Activities: The group donated grocery items and participated in activities like games, singing, and dancing with the seniors.
- Reflection: Students reflected on the importance of respecting and caring for the elderly, understanding the value of empathy and compassion.





The visit to the old age home and Eco Park was a valuable experience for the first-year students, providing insights into social responsibility, environmental awareness, and teamwork. The trip set the tone for their academic journey, emphasizing the importance of empathy, compassion, and sustainability.

The Six Days Student Induction Programme conducted from June 17-June 24,2025 for the first-year students.was a resounding success, providing a comprehensive introduction to college life and academic expectations. The programme aimed to facilitate a smooth transition for new students into the academic environment, fostering a sense of belonging and community.

Key Highlights

- Ice-Breaking Sessions: Students participated in interactive activities, helping them get acquainted with peers and faculty members.
- Academic Orientation: Detailed orientation on academic policies, curriculum, and

expectations was provided.

- Life Skills and Personality Development: Sessions on time management, stress management, and effective communication were conducted.
- Campus Tour: A guided tour of the campus facilities, including libraries, laboratories, and recreational areas, was organized.
- Mentorship: Students were assigned mentors to guide them throughout their academic journey.
- Outdoor Activities: Team-building exercises and outdoor games promoted camaraderie and teamwork among students.

Outcomes

- Enhanced Familiarity: Students became familiar with the campus, faculty, and peers, reducing anxiety and enhancing their sense of belonging.
- Academic Preparedness: Students gained a clear understanding of academic expectations and policies.
- Personal Growth: The programme contributed to the development of essential life skills and personality traits.
