



**SREE AYYAPPA COLLEGE FOR WOMEN**  
**(Re-accredited with B Grade by NAAC)**  
**Chunkankadai, Nagercoil**

**REPORT OF THE ACTIVITIES OF WOMEN'S CELL 2024-25**

**Name of the Activity:** Teachers' Day Celebrations "Guruvandanam" 2024

**Guests of Honour:** Adv. J. K. Kumar, Joint Secretary, Sree Ayyappa Educational Society

Prof. Rema Devi, Former Head, Department of English, Sree Ayyappa  
College for Women

**Date and Duration :** 5/09/2024

**Number of Participants :** 300

**Objective of the Programme:** Recognizing and appreciating the hard work, dedication, and contributions of teachers in shaping the future of individuals and society. Providing students and the community an opportunity to express their gratitude and respect for the role teachers play in their lives. Encouraging students and teachers to reflect on the significance of education, lifelong learning, and personal growth.

**Outcome of the Programme:** Teachers feel acknowledged for their dedication, encouraging them to maintain high standards in their work and continue making a difference in their students' lives. The celebration fosters stronger, more positive relationships between teachers and students, leading to a more supportive learning environment. Students and the wider community gain a deeper appreciation for the vital role teachers play in shaping minds and contributing to society. The event brings together teachers, students and administrators, fostering a sense of community and collaboration in the educational environment. Teachers' Day serves as a reminder of the value of education and the need for continued investment in improving teaching methods and learning opportunities.

**Convenors: Dr N.U. Lekshmi, Associate Prof. of English, (Staff Advisor of Women's Cell)**



**Dr Anand Lali Seena, Associate Prof. of History (Staff Advisor of Women's Cell)**

**Organising Secretaries :** Dr C. Lakshmi Prasad, Asst. Prof of English

Dr L. Dhowmya, Asst. Prof of English

**Organising Committee:** Dr A. K. Viji, Dr. Gayatri Devi S, Dr G. Sumathy, Ms. S. Latha, Dr P. V. Radhika, Dr S. Uma Devi, Dr R. Radha, Ms. Sumitra Bai Thankachi.



To commemorate the birth anniversary of Dr. Sarvepalli Radhakrishnan, Teachers' Day Celebrations "Guruvandanam 2024" was conducted on 5th September at the auditorium. In the forenoon session, teachers displayed their talents through cultural performances thereby paying tribute to their teachers for their dedication and role in shaping young minds.



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Women's Cell and Rotaract Club in association  
with IQAC organise

**GURUVANDANAM**  
**Teachers' Day Celebrations**  
**2024**



Chief Guest  
Advocate JK Kumar  
Joint Secretary'  
Sree Ayyappa Educational Society

Guest of Honour  
Prof Mrs R Rema Devi  
Rtd Head, Dept of English  
Sree Ayyappa College for Women

*Principal*  
*Dr V. R. Anjana*  
*Convenors*  
*Dr N. U. Lekshmi*  
*Dr Anand Lali Seena*  
*Organising Secretaries*  
*Dr C. Lakshmi Prasad*  
*Dr L. Dhowmya*

**September 5**  
**10 am, Auditorium**



**Report of the 3 days conference organised by Women's Cell of Sree Ayyappa College for Women Chunkankadai in collaboration with Suraksha Community Centre for Family Health (18/09/2024 to 20/09/2024)**

Name of the Activity : Three days conference on "Programme on Building Life Skills for Adolescents"

Organizing Committee : Women's Cell

Place : Sree Ayyappa College for Women, Chunkankadai

Date : 18/09/2024 to 20/09/2024

Number of Participants : 3 teachers and 30 students

**Objectives of the programme:**

- 1.To equip adolescents with essential skills to navigate daily challenges and make informed decisions.
2. Foster a deeper understanding of personal strengths and weaknesses

**The outcome of the programme :**

1. Improved self esteem
- 2.Enhanced communication skills

### 3.Acquired practical life skills.

#### **Conference on”Programme on Building Life Skills for Adolescents” from 18/09/2024 to 20/09/2024.**

The Women's Cell of Sree Ayyappa College for Women,Chunkankadai in collaboration with Suraksha Community Centre for Family Health organised a 3 Day conference on”**Programme on Building Life Skills for Adolescents**” from 18/09/2024 to 20/09/2024. The inaugural function was held on 18/09/2024 at 10.00 a.m in the Seminar hall.The function commenced with a prayer song by Abirami of III Bsc Botany.Mrs.Anitha Natarajan, treasurer of Suraksha Community Centre for Family Health welcomed the gathering. Dr.V.R.Anjana, Principal of Sree Ayyappa College for Women, Chunkankadai presided over the function.Mrs.Santha Balakrishnan,Chairman of Suraksha Community Centre for Family Health felicitated the programme.Ms.Krishnaveni,Member of Suraksha Community Centre for Family Health highlighted the aim and vision of the 3 Day conference.

The first session was handled by Mrs Anitha Natarajan.She gave a talk on Confidence building and Usage of Social media.The second session began at 12 00 noon.Mr.Rajendran Sivaramapillai,Formerly advisor CBI ,delivered a talk on Adolescent Programme and Adolescent Problems.The session was highly beneficial for the participants.The afternoon session was handled by Dr.Uma Selvan,Retired Chief Medical Officer, Nagercoil.She focussed on Reproductive and sexual health.

The second day session initiated at 10.00 a.m on 19/09/2024.Mr.Dinesh Krishnan , Committee member of Suraksha Community Centre for Family Health delivered a talk on Communication which dealt with Verbal and Non verbal communication.The session was very informative and fruitful for the participants.The second session of the day started at 12.00 noon and Mrs.Krishnaveni , committee member of Suraksha gave a talk on career counselling.The afternoon session began at 1.30 p.m and the Resource person was Dr.Sivakumari ,Mahalekshmi Hospital, Nagercoil.She pointed on myth and facts on RTI,SIT,and HIV and AIDS.The session ended at 3.30 p.m.

The third day session kicked off at 10.00 a.m on 20/09/2024.Dr.Swarnalatha Raju , Chairman of Suraksha Community Centre for Family Health discussed Gender sensitisation and sexual harassment followed by Mrs.Krishnaveni’s talk on Peer pressure..In the afternoon Mr.Dinesh Krishnan engaged a session on Stress Management and it included Role play by the students.

The Valedictory session was held at 3.00 p.m .Dr.V.R.Anjana , Princiipal of Sree Ayyappa College for Women delivered the Valedictory address.Dr.Anand Lali Seena, Associate Professor of History,Sree Ayyappa College for Women,and the Convenor of the conference presented a report of the Three day conference.Certificates were distributed for the students by the guests.Dr.Krishveni, Assistant Professor of Tamil delivered the Vote of thanks.The three day conference was highly beneficial for the students



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**Women's Cell of Sree Ayyappa College for Women  
in Collaboration with  
Suraksha Community Centre for Family Health**

*Organises  
Three Day Women's Conference  
on  
Enhancing Life Skills Training for Adolescents*



**Principal  
Dr V. R. Anjana  
Convenors  
Dr Anand Lali Seena  
Dr N. U. Lekshmi**

*Organising Secretaries  
Dr L. Kumari Krishnaveni  
Dr B. Sajeetha  
Dr T. S. Archana*

September 18-20, 2024  
Seminar Hall





**GPS Map Camera**  
Nagercoil, Tamil Nadu, India  
59WM+5V6, Chunkankadai, Nagercoil, Alur, Tamil Nadu 629003, India  
Lat 8.195572°  
Long 77.384088°  
20/09/24 03:21 PM GMT +05:30

