
Report of the Activities

Youth Red Cross

Sree Ayyappa College for Women

2023-24



Youth Red Cross

International Yoga Day, IYD 2023

International Yoga Day Celebration was organized in Sree Ayyappa College for Women in association with the Nehru Yuva Kendra, Kanyakumari and NSS units of the College on 21-6-2023. The inaugural programme was presided over by the Principal, Dr. K.V. Jayashree. Shri Ranganathan, coordinator of Nehru Yuva Kendra Sangathan welcomed the gathering. Thiru. M.R. Gandhi, MLA of the Nagercoil constituency inaugurated the Yoga Day celebrations and addressed the volunteers. Dr. Savitha A.R, YRC PO introduced the event and Thiru. Swaminathan, Journalist and Motivational speaker gave the felicitation address. The Yoga masters - Dr. Sathish Kumar and Shri Kalidas were honoured during the event.

This was followed by the demonstration of Yoga asanas by the YRC and NSS Volunteers. The event was coordinated by Dr. Leelamoni, NSS Programme Officer ; Dr. Savitha A.R and Dr. P.V. Radhika, YRC Programme Officers.



Inaugural Address by Thiru. M.R. Gandhi, MLA Honouring the Yoga Master, Thiru. Kalidas.



Felicitation by Thiru. Swaminathan, Journalist



Honouring the Yoga Master, Dr. Sathish Kumar



Demonstration of Yoga by the Student Volunteers and the Faculty.

National Road Safety Week Awareness Rally

Date : 11th January 2024

Time : Rally commenced at 9:00 AM

From : Nagercoil Collectorate **To** : Women Christian College, Nagercoil

The Volunteers of Youth Red Cross, Sree Ayyappa College for Women participated in the Road Safety Awareness Rally on 11th January 2024, organized by Indian Red Cross Society (IRCS) - Kanniyakumari Branch as part of the National Road Safety Week Celebration.

The rally aimed to raise awareness about road safety, promote safe driving habits, and encourage responsible behavior among road users.

Details of the Rally

The rally began at 9:00 AM at the Nagercoil Collectorate and proceeded through the main streets of Nagercoil, ending at the Women Christian College Auditorium. The event was attended by enthusiastic students from several colleges, including Sree Ayyappa College for Women, and other local institutions. The participants marched with banners, placards, and posters that displayed key messages related to road safety, such as:

- “Wear Helmets, Save Lives”
- “Don’t Drink and Drive”
- “Follow Traffic Rules for Your Safety”

The rally aimed to reach the public and create awareness among pedestrians, motorists, and students alike about the importance of following traffic rules to prevent accidents and save lives. The rally was led by the Programme Officers of Youth Red Cross along with the officials from the Indian Red Cross Society, ensuring smooth coordination and safety. Following the completion of the rally, the participants gathered at the Women Christian College Auditorium, where an Awareness Talk on road safety was conducted.



Nagercoil, Tamil Nadu, India
 No-1 White house street, opposite WCC, Nagercoil, Tamil Nadu 629000
 Lat 8.185066°
 Long 77.428107°
 11/01/24 10:27 AM GMT +05:30



Nagercoil, Tamil Nadu, India
 No-1 White house street, opposite WCC, Nagercoil, Tamil Nadu 629000
 Lat 8.184892°
 Long 77.42828°
 11/01/24 12:44 PM GMT +05:30



Nagercoil, Tamil Nadu, India
 No-1 White house street, opposite WCC, Nagercoil, Tamil Nadu 629000
 Lat 8.18498°
 Long 77.428307°
 11/01/24 10:27 AM GMT +05:30

International Women's Day Celebration

The poster features the Youth Red Cross logo on the top left and the Sree Ayyappa College for Women logo on the top right. The college's name and location (Chunkankadai, Nagercoil) are prominently displayed, along with its NAAC accreditation status. A central photograph shows Dr. T. Jayanthi, the resource person. The event details, including the topic, date, time, and venue, are highlighted in yellow boxes. The organizing officers' names are listed in a separate yellow box.

Youth Red Cross

Sree Ayyappa College for Women
Chunkankadai, Nagercoil
Re-accredited with B-grade by NAAC (3rd Cycle)

Youth Red Cross
Sree Ayyappa College for Women
&
Indian Red Cross Society
Kanniyakumari Branch
Cordially invite you to the
celebration of
International Women's Day

Resource person
Dr.T.Jayanthi
Assistant Professor
Department of History
Sarah Tucker College
(Autonomous), Tirunelveli

TOPIC
**Indian Women:
Achievements and Challenges**

Organized by YRC
Programme officers
Dr. Savitha A. R
Dr. Pravitha P
Dr. Devi Chinmayee M

Date- 07-03-2024
Time- 10 am
Venue- Conference Hall ,SAC

Key resource person-: Dr. T. Jayanthi,

Assistant Professor, Department of History,
Sarah Tucker College, Tirunelveli

Topic : Indian Women: Achievements and Challenges

Date : 07th March 2024

Time : 10:00 AM

Venue : Conference Hall, Sree Ayyappa College for Women.

In commemoration of International Women's Day, the Youth Red Cross (YRC) unit of Sree Ayyappa College for Women, in collaboration with the Indian Red Cross Society (IRCS) - Kanniyakumari District Branch, organized a special talk titled Indian Women: Achievements and Challenges on 7th March 2024. The event was attended by 50 students and faculty members, highlighting the significant contributions of women in India while also addressing the challenges they continue to face.

Inaugural Session

The program began at 10:00 AM with a welcome address by Ms. Aswathy, Research Scholar, Research Centre in English. Dr. Savitha A.R, Programme Officer of YRC, introduced the theme of the event and highlighted the importance of celebrating International Women's Day and the role of the Youth Red Cross in promoting gender equality and empowering women.

The program was graced by distinguished guests, including Dr. V R Anjana, Principal of Sree Ayyappa College for Women, who delivered the Presidential Address. Dr. Anjana spoke about the pivotal role of women in shaping the future of the nation and emphasized the importance of acknowledging both their accomplishments and the ongoing struggles they face.



Keynote Address

The key resource person for the session, Dr. T. Jayanthi, Assistant Professor, Department of History, Sarah Tucker College (Autonomous), Tirunelveli, delivered an insightful talk on the theme Indian Women: Achievements and Challenges. Dr. Jayanthi's lecture was both informative and inspiring. She began by highlighting the remarkable achievements of Indian women throughout history, from Rani Lakshmi Bai and Sarojini Naidu to modern-day icons like Kiran Mazumdar Shaw and Mary Kom. She discussed how women have broken barriers in various fields, from politics to science and sports.

Dr. Jayanthi also delved into the persistent challenges faced by Indian women, including gender inequality, violence, lack of access to education, and economic disparity. She emphasized the need for policy changes, social awareness, and active participation from all sectors of society to overcome these challenges. Her talk was followed by an engaging Q&A session where students actively participated, asking questions and sharing their views on women's rights and empowerment.



Special Addresses :

The event also featured two important dignitaries from the Indian Red Cross Society, Kanniyakumari District Branch:

- Rtn. Dr. N. S. Kumaradhas, Chairman, IRCS-KKDB, delivered a short address emphasizing the role of the Red Cross in advocating for women's health and safety. He also spoke about the significance of international observances like International

Women's Day in bringing attention to issues such as gender equality and women's rights.

•I. Jimson, Secretary, IRCS-KKDB, extended his congratulations to the college and the YRC for organizing such an impactful event. He highlighted the importance of educating young people about the contributions of women to society and encouraged students to continue advocating for women's empowerment.



Vote of Thanks

The session concluded with a vote of thanks by Dr. Devi Chinmayee M, Programme Officer of YRC. She expressed her gratitude to the resource person, guests, and attendees for making the event a success. Dr. Chinmayee acknowledged the collaborative efforts of the Youth Red Cross, Sree Ayyappa College for Women, and the Indian Red Cross Society in making this event a memorable occasion.

The celebration concluded with a call to action, encouraging students to promote gender equality, respect, and support for women in their daily lives. The event was coordinated by Dr. Pravitha P, Assistant Professor of History and YRC Programme Officer.

Compound Wall Cleaning and Painting Activity

Date: Saturday, March 2, 2024

Organized by: Youth Red Cross in collaboration with Unnat Bharat Abhiyan

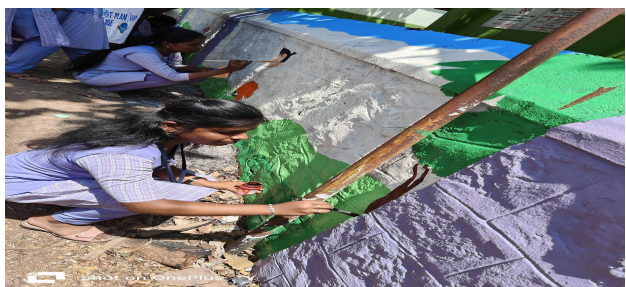
As part of Swachh Bharat Abhiyan initiative, the Youth Red Cross, in association with Unnat Bharat Abhiyan, undertook a cleaning and beautification drive at the Government Middle School in Vembannor Village, Melasankarankuzhi Panchayat.

The activity involved cleaning the compound wall of the school premises, followed by painting the wall with vibrant illustrations. These pictures highlighted the importance of tree plantation and environmental conservation, aiming to spread awareness among the students and the local community.

Key Impact:

- Promoted awareness about tree plantation.
- Encouraged environmental consciousness among students and locals.
- Improved the visual appearance of the school.







First Aid Orientation and Training Programme

Date: 19th March 2024

Venue: Seminar Hall, Sree Ayyappa College for Women

Organized by: Youth Red Cross (YRC), Sree Ayyappa College for Women in collaboration with Indian Red Cross Society, Kanniyakumari

A First Aid Orientation and Training Programme was organized by the Youth Red Cross (YRC) of Sree Ayyappa College for Women in collaboration with the Indian Red Cross Society, Kanniyakumari on 19th March 2024 at the Seminar Hall. The programme aimed to equip students with essential first aid skills and knowledge that could help them respond effectively in emergency situations. This initiative was a part of the Red Cross Society's ongoing efforts to promote humanitarian work and community welfare.

The event began with the Welcome Address delivered by Dr. Savitha A. R, Programme Officer of Youth Red Cross, Sree Ayyappa College for Women. Dr. Savitha highlighted the significance of first aid training in fostering a sense of responsibility and preparedness among the youth.

Next, Dr. V. R. Anjana, Principal of Sree Ayyappa College for Women, gave the Presidential Address. Dr. Anjana spoke on the importance of first aid training as a life-saving skill.

Rationale of the Programme:

The Rationale of the Programme was presented by Rtn. Dr. N.S. Kumaradhas, Chairman of the Indian Red Cross Society, Kanniyakumari. Dr. Kumaradhas discussed the core principles and mission of the Red Cross, particularly in terms of its focus on disaster management, health services, and community care

The next segment of the programme was the Felicitation of the dignitaries. I. Jimson, Secretary of the Indian Red Cross Society, Kanniyakumari, felicitated the guests and expressed his appreciation for their contributions to the field of humanitarian service. He also acknowledged the efforts of the Youth Red Cross team at Sree Ayyappa College for Women for organizing the event and encouraged the students to actively engage in Red Cross activities.

The highlight of the event was the Training Session conducted by Dr. Alan James, MBBS, MD, DNB, Assistant Professor in the Department of Forensic Medicine at

Kanniyakumari Medical College, Asaripallam. Dr. Alan, with his extensive medical background, provided a comprehensive and hands-on training in basic first aid techniques. The session covered various emergency situations, such as:

- **CPR (Cardiopulmonary Resuscitation):** Dr. Alan demonstrated the proper methods of performing CPR, explaining when and how it should be used in emergency situations.
- **Wound Care and Bleeding Control:** Techniques for managing cuts, bruises, and stopping bleeding effectively.
- **Fracture Management:** How to identify and stabilize fractures until medical help arrives.
- **Burns and Poisoning:** First aid procedures for treating burns and poisoning cases.
- **Choking:** Steps to help someone who is choking or having difficulty breathing.

Dr. Alan used real-life examples and practical demonstrations to engage the participants. He encouraged the students to practice the techniques, ensuring they understood the importance of quick thinking and action in emergencies.

The session concluded with the Vote of Thanks delivered by Dr. Pravitha P, YRC Programme Officer at Sree Ayyappa College for Women.

The First Aid Orientation and Training Programme was a resounding success, providing students with critical life-saving knowledge. The active participation and enthusiasm displayed by the students reflected the programme's effectiveness in fostering a culture of preparedness and humanitarian responsibility.





