

ANNUAL REPORT
YOUTH RED CROSS
SREE AYYAPPA COLLEGE FOR WOMEN
2022 -2023

1. In connection with the National Youth Day Celebrations, an Awareness Programme on ‘Homeopathy for Youth’ was organized in association with Department of Non – Communicable Disease Unit (NCD) National Service Scheme (unit – 45) of Sarada Krishna Homeopathic Medical College, Kulasekharam and Unnat Bharat Abhiyan, IIC of Sree Ayyappa College for Women on 12-01-2023.

Awareness programmes on the following topics were conducted

- ❖ General Introduction by Dr. Helen
- ❖ Scope of Homeopathy in youngsters disease by Dr.Sherolin
- ❖ Importance of Diet and regimen by Dr. Archana
- ❖ Disease of Youth by Intern Subashini
- ❖ Addictions of youth – Intern Sumathi
- ❖ Yoga and Exercises – Intern Viswashree

This was followed by the Medical Camp for the volunteers.

2. On account of International Volunteer Day for Economic and Social Development and World Soil Day, One Day Seminar was organized on “Disaster Resilient India 2030” in association with AAPDA MITRA Volunteers of Kanyakumari District; Disaster Management and Rehabilitation Trust, Nagercoil; Glorious United Alliance for Rural Development (GUARD) and Unnat Bharat Abhiyan on Sree Ayyappa College for Women on December 22, 2022.

Aapda Mitra Volunteers who have done yeoman services were honoured during the event.

Panel of Experts :

(i) Dr. Suresh R Patani MBBS , MA(HRD),
Former Member,
Gujarat Public Service Comission (GPSC) & Medical Council of India (MCI) ,
Government of India, New Delhi.

(ii) Dr. E. Vidhubala Ph. D
Director
Fenivi Research Solutions Pvt. Ltd, Chennai.

3. Fifteen YRC Volunteers participated in the One Day District Level Study Camp sponsored by Indian Red Cross Society, Tamilnadu in Scott Christian College, Nagercoil on 24-1-2023.
4. National Voters Day 2023 was celebrated in association with the Electoral Literacy Club of Sree Ayyappa College for Women on 25th January 2023. Adv. N. Visu addressed the volunteers on the topic “Nothing like Voting, I Vote for Sure”.
5. Awareness Campaign on Drug and Alcohol Dependence (DAD) was organised in association with the Anti Drug Club (ADC) and NSS of Sree Ayyappa College for Women, as part of the Nasha Mukh Bharat Abhiyan, an initiative of Department of Social Welfare and Women Empowerment, Government of Tamilandu, on 22-2-2023.